

# Callala Bay NEWS

March 2023

Issue 113-2023

*Monthly Magazine from the Callala Bay Community Association Incorporated*



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# CALLALA BAY NEWS

*A monthly newsletter of the  
Callala Bay Community Association Inc.*

*ABN: 68 031 980 561*

*www.callalabaycommunityassociation.com*

*Email: admin@ callalabaycommunityassociation.com*

PO Box 14 Callala Bay 2540

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## **Note from the Editor:**

**The CBnews proudly supports our community, consider subscribing for a small yearly fee.**

Please contact us with any local issues or concerns with the intention of having it published.



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## CULBURRA BEACH & DISTRICTS MEN'S SHED



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### **Culburra Beach & Districts Men's Shed**

Our Men's Shed, like all other Men's Sheds across Australia, is a "Not for Profit" community based organisation. Accordingly, one of our constant challenges is funding our operations and activities.

Funding can come from a variety of sources, i.e. Grants, donations, community projects and sponsorship:

Potential sources are Federal, State and Local Government, the Australian Men's Sheds Association (AMSA), other community organisations, private trusts and benevolent organisations, licensed clubs, and private companies and organisations. Support can be for a specific purchase or broad based; cash or "in kind".

Our most recent success was with the NSW Government which has agreed to fund the upgrade of the electrical reticulation to our work benches. New power points will replace extension leads and double adapters to provide a safer and more attractive work environment for members.

The Minister for Seniors, Mark Coure, attended the Shed last month to announce the approval for these vital works.



We currently have active applications with AMSA, the Federal Government through our local Member, a local private organisation and a licensed club. Hopefully, each will be successful and allow us to further develop the shed environment and our ongoing activities.

#### **Product sales:**

Our main avenue of sales for the past years has been the Callala Markets each month. We are pleased to be associated with these Markets,

which continue to contribute to the local community, Their latest donation was to the local Callala Brumbies soccer team.

The Culburra Beach Markets are restarting in April (after a prolonged hiatus with COVID-19 etc) and we'll again be part of the action there each month. We have also enjoyed some success with door sales, as well as sales from our Open Days.

All product sales provide cash flow for the purchase of raw materials and tools, plus ongoing operational expenses.

**How can you help and support our Shed?**

Some obvious answers are:

Come along and support us at the local markets.

Or visit the Shed on Monday and Wednesday

mornings to check out our product range.

Consider becoming a member. Your membership fees primarily cover insurance, and there's a small daily attendance fee for lunch, etc. You can attend as often as you like; you can do as much or as little as suits your lifestyle. You'll benefit from the camaraderie, skill development and social interaction.

Follow us on Facebook. We have both a Facebook page that you can follow, and a public group that you can join to be kept up to date on latest news and information.

We'll be at the Callala Markets on Saturday 11 March with our full range of nest boxes and other timber craft. Please call in for a chat and see what the Shed can offer you.

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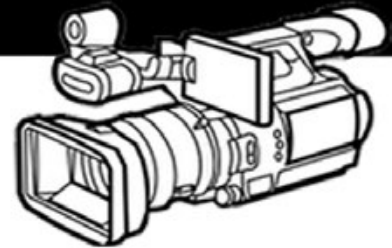


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## Bushcare

Areas worked by Callala Bush Care over the past month:

It's been an interrupted few weeks for our Bush Care crew, with rain and various commitments meaning two Tuesday morning working bees had to be cancelled. The sessions we have been able to carry out have involved more work peeling back the Buffalo and tackling other weeds in the Lackersteen site adjacent to Callala Creek.

When our team leader Lesley Oliver returned for the first of those sessions after several months absence, she remarked on the coolness of the area on a warm, humid morning which is due to the increasing height of the tree canopy along the creek. Another benefit of the more lush canopy is a new resident has moved in, the largest of Australia's owls, the Powerful Owl. Two people, one living adjacent to the creek/reserve, the other a block back in Chapman St, have reported hearing the call of a Powerful Owl in the night over the past month. If you're wondering if you might have heard this owl, try googling 'powerful owl call' and have a listen to the audio on the YouTube clip.



Although common in more densely forested areas, as the Callala area has had more housing and more trees cleared, reports of Powerful Owl calls have diminished. They are apex predators, the photo below, taken from Wikipedia, shows a Powerful Owl with half a Ring Tailed Possum. Presumably the owl is digesting the other half of the possum, or more likely, has fed possum pieces to its owlets.

The weedy Umbrella Sedge (also known as Nut Grass) which I referred to in the January column, has been producing more seed heads as follow up removal of the remnant plants didn't occur. My excuse? First (and last I hope) Covid infection.

During our latest session at Lackersteen, all Umbrella Sedge along with the seed heads, were removed. Hopefully much of the more extensive areas of this weed in Boorawine Creek Reserve will be tackled before the end of February. If you don't mind getting muddy, the benefit of the recent rains is it's now easy to remove the whole root ball with the aid of a garden fork.

And those late blooming Formosa Lilies that thought they were going to form seed heads unnoticed along our shoreline? Well I'm pleased to say most have been lopped off low down and had a dab of herbicide administered to the cut surface of the stem to finish them off.

As noted previously, please feel free to contact me on my number below if you would like to give Bush Care a go. Our regular group sessions are on Tuesday mornings, but we can be flexible in site, days and timing for those who are interested in participating.

Any queries about information or opinions in this column, my [Diana] phone number is: **0419 531 902.**

Our Council contact is Michael Smith, ph **1300 293 111** or [Michael.Smith@shoalhaven.nsw.gov.au](mailto:Michael.Smith@shoalhaven.nsw.gov.au).

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# Shelley Hancock MP

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## From the President

The CBCA General meeting on Wednesday 8th February covered a range of topics- public toilets, the SCC Community Consultation Policy, progress on the Sheaffe St path and a presentation titled 'The Use of Artificial Intelligence in the detection and mapping of road defects in the Shoalhaven'. Obviously, something for everyone!!

Unfortunately, none of our Ward Councillors were present, however Councillor White attended and provided some updates. Council was having budget deliberations the following day with the Sheaffe St path the top priority in the list of pathways in the area. Councillor White and Councillor Ell are strongly supporting it. The community's repeated requests for facilities near Wowly Creek will also be included in budget considerations.

Councillor White informed the meeting that the Council's Community Consultation Policy is out for comment right now. Please read it and consider letting SCC know if you feel that there are improvements which can be made. Community Consultative Body rules are also out on public exhibition and community members are encouraged to review the documentation. Councillor White noted that CCB's without public indemnity insurance are not meeting. You will be pleased to know that CBCA is covered by public indemnity insurance. In relation to public toilets in the Callala Bay 'CBD', we were told the best option is to work with the soccer club to make better use of the toilets in the sports facility. Councillors will follow this up. A member did note that when these toilets were previously open fulltime, they suffered from serious vandalism.

A question about the future of the Callala Bay boat ramp was raised with Councillor White, who indicated that there was no decision even though some draft designs had been prepared. Action, if any, will be included in the Coastal Management Plan which is expected to be out for comment in late March.

Trevor Dando, the Section Manager for SCC works and Services, gave a brief presentation on a pilot that is currently running in the Shoalhaven using cameras mounted on Council recycling trucks which identify a range of hazards focussing on road and path damage. The hazards are rated on a severity scale and photos and other information is sent back the Council officers in real time so decisions can be on action to be taken. Trevor stated that the system saves the time of three staff who have previously been required to drive around the region and manually advise on problems for action. There is a great deal of interest in the system and Council officers are seeking

grants to enable it to continue to be used.

Trevor also encouraged the CBCA to prepare 'mini advocacy' document which highlights our top community priorities. Council officers can then refer to it when considering what to fund in a very competitive environment. We stated that the Sheaffe St path was and remains our highest priority. The CBCA Executive Committee will prepare an advocacy document as suggested which will be provided to members for their consideration.

Other matters raised:

- Meet the candidates for South Coast for the upcoming NSW State Election. Monday 20th February at 7pm at the Callala BEACH Community Hall. All welcome.
- Duntroon, which is the Australian Army's officer training institution, will be conducting training exercises in our area from around March 8 to 25th. Currarong, Callala Beach and Callala Bay as well as at Beecroft Range will see some activities and role plays being carried out by the trainees. Some members of the CBCA Executive met with two senior staff from Duntroon to find out what will be required and how many trainees we are likely to see in the Bay. Around 30 trainees may be here at any given time, supervised by senior staff, carrying out their assigned tasks. Members of the community are encouraged to talk to them so that they can demonstrate their skills in working within communities. You never know, you may just might end up being asked to be an 'extra' in a scenario! As more information becomes available, we will post it on our website and facebook pages. Duntroon will provide posters and letterbox drops and will hold information days as the time draws closer. They have run similar exercises on the east coast in regional communities with great success.
- A reminder about the tour of the new waste services facility at West Nowra which is booked for March 16. Please let the Secretary know via email if you wish to take part. Spots are limited, so first in best dressed!
- The Breakfast by the Bay on Australia Day was a great success as was the CBCA raffle. Thanks to the RFS for putting on the breakfast, to the CBCA Committee for all their hard work and our many raffle prize sponsors. We raised around \$2600 which will be used to fund activities/ events and assets for the community.
- There is a new address for our Editor- editor. cbcaneews@gmail.com Please forward your letters, comments, articles, news and photos to the editor for inclusion in the newsletter.



# CALLALA BAY COMMUNITY ASSOCIATION Inc.

On Wednesday, 8 Mar 23 the Annual General Meeting will be held at the Callala Community Centre, 42 Emmett Street, Callala Bay.

Your new Committee will be elected so come along and be a part of your community and assist in community projects and activities.

## From the President (Cont.)

- Membership fees are due. If you wish to vote at the AGM you will need to be a financial member.
- The Annual General Meeting of the Callala Bay Community Association will be held on Wednesday March 8 2023, at 7pm. All positions will be declared vacant and nominations can be made on the form found in this newsletter. Please note that the current President, current Secretary and current Treasurer have all stated that they will not be standing for election. In order for the CBCA to continue, it is essential that these key positions are filled. If you, or someone you know, would like to take an active role in the Callala Bay community please nominate.

I have enjoyed my time as President of the CBCA. Lots of interesting (and sometimes frustrating) things occur in our community and I have enjoyed getting to know community members. My personal circumstances mean I need to step down, but I will be happy to help the new President get started. I look forward to new people coming into the fold and bringing their ideas and experience to the CBCA.

See you around Callala.

Sue Chapman



## Callala Markets

There was a great display of goods, food and interesting items at the Callala Markets held on 11 Feb 23. Once again, there was a very generous donation of \$500.00 from Sandra Irwin to the Callala Bay Volunteer Fire Brigade. What a great effort from all concerned!



## A warm welcome to new Australian citizens

Mayor of the Shoalhaven, Amanda Findley officiated at the Citizenship Ceremony with James Ruprai, Director - City Development on Australia Day 2023. There were six new citizens, and the day marks a new beginning for those who wish to call Australia home.

Over 250 people welcomed our new Australians and a wonderful day saw a unique (for Callala Bay) experience.

The Mayor went on to Mollymook Beach where she officiated another ceremony for eight new citizens after visiting Callala Bay.



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## Culburra Beach Orient Point Men's Shed Inc.

*The Shed by the Lake*

Location: Old Scout Hall Cnr West Crest & Wollumboola Lane

### NEW MEMBERS WELCOME

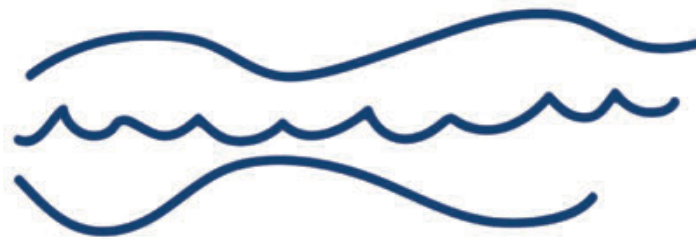
You are invited to join the Longest Established Men's Shed in Culburra, learn new skills and bring your own, come and enjoy the company of our friendly members and participate in a variety of activities

We are open 8:30am - 1pm Tuesday, Wednesday & Thursday

**All enquiries:**

**John Castellan: 0498 023 781**

**Max Ford: 0403 204 847**

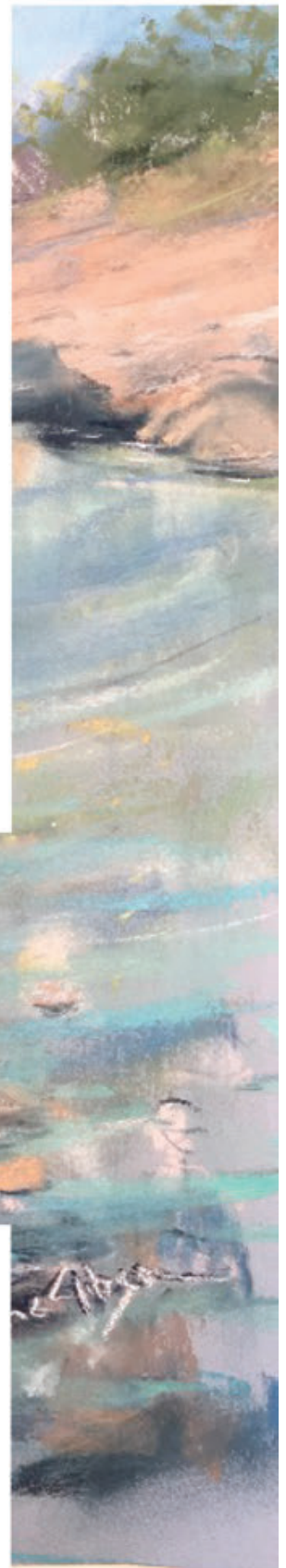


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Shoalhaven RFS District Office	4424 4424	rfs.nsw.gov.au
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## Useful Apps & Websites

Visitors to the area can download the following free mobile apps to stay informed of the latest advice and information in the event of an emergency.

### Emergency+ App

The Emergency+ app is a free app developed by Australia's emergency services, Government and industry partners.

The app uses GPS functionality built into smart phones to help a Triple Zero (000) caller provide critical location details required to mobilise emergency services.



[emergencyapp.triplezero.gov.au](https://emergencyapp.triplezero.gov.au)

### Other Helpful Apps & Websites



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**Callala Church Service - 5pm Sunday**

**All Welcome | 4:30pm Afternoon Tea | Kids Church**

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**Caterpillar's Playgroup - 9:30am Friday @ Culburra Beach Anglican**

**Kids Club - Friday Afternoon @ Callala Bay Anglican**

**289 Youth Group - Friday Evening @ Callala Bay Anglican**

For more information: Rev. Paul McPhail

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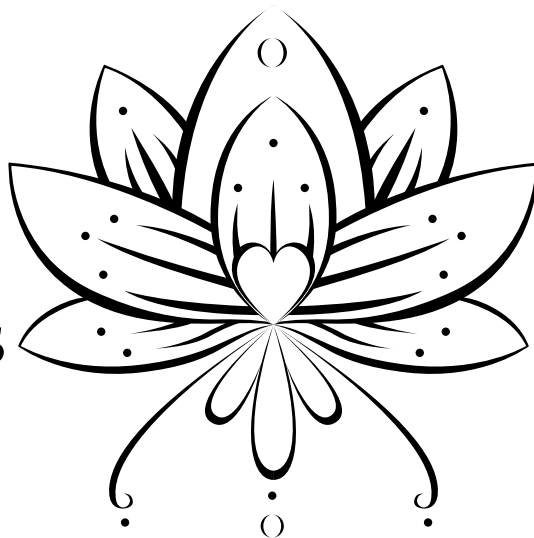
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**WEDNESDAY**

\$18 Chicken Schnitty Night (Dine-in only).

**THURSDAY**

\$20 Pizza Deal (Dine-in only).

**RAFFLES**

**THURSDAY**

Bowlers Extensive Raffle from 6pm.  
**Members Badge Draw!**

**FRIDAY**

Meat Mart - Best value Friday night in town - Meat Trays & vouchers valued @ over \$1,000 – Tickets on sale 6pm  
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**SATURDAY**

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**WEDNESDAY**

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**THURSDAY**

Bingo – Eyes down at 11am

**LAST SATURDAY EACH MONTH**

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## Notes from 'The Old Hall'

Our historic old Progress Hall at 75 Boorawine Street got a new lease of life in 2022. During the Covid lockdown, much-needed repairs were done to the hall, including fixing the roof, painting inside and out, insulation, and fixing the kitchen for the tennis court. Council turned up trumps in helping to get all the work done, despite problems of scheduling because of quarantine restrictions.

On Saturday March 5, 2022, we had our grand 'reopening', with the theme 'Celebrating Community' to celebrate the community history of the hall, which began life back in 1963 with local fundraising, and continues to this day with a voluntary committee and working bees. Attendance at the reopening surpassed our wildest expectations, with wonderful local attendance, dignitaries (council members, our mayor and local federal member) and even John Hatton came with his wife to see the 'old hall' for which his support as Independent Member for the South Coast was so important in the past.

Since the reopening, the hall has been in constant use. Our regulars are back; the 'craft ladies' who are the hall's oldest continuous users, the folk dancers, yoga, tai chi and Subud. Dru yoga is a new regular. There are frequent birthday parties, anniversaries and wakes. We even have some international celebrities using the hall! Callala Bay's very own DanceSport national champions, Emily and Brad, use the hall for their practice. The tennis court is used for regular lessons and school holiday workshops.

Our outgoing committee managed all the events and reorganizing of 2022 with patience and efficiency. David Wadsworth, President, was the main link to Council, and he missed a career in the diplomatic service. Jenny Cork handled all correspondence with the efficiency of head teacher. Jo Muller as treasurer continued her long and invaluable service in this role. Sue Borrowdale kept the grounds as clean as a fire truck. The executive committee dragged the hall management into the 21st century by creating an on-line presence with a webpage and a FaceBook account.

Committee members continue to work as volunteers cleaning the hall, grounds, and tennis courts. We spent some of our saved funds to install reverse air conditioners (so our loyal users now don't freeze in winter). Our working bees – committee members with extras – are well attended. Our last working bee was on the day before Christmas Eve – and although we thought everyone would be busy, quite the opposite happened. It was the best attendance ever, and we moved a huge pile of mulch. Perhaps everyone was desperate to get away from the house and pre-Christmas stress!

At our AGM in December, we elected a new committee. Kerrin Wake from Council attended. The new executive committee is:

President: David Wadsworth  
Vice President: Sue Borrowdale  
Secretary (shared): Rob Barrel/ Cat Holloway  
Assistant Secretary: Jenny Lindsay  
Treasurer/Booking Officer: Jenny Cork  
Assistant Booking Officer: Anna Smallwood

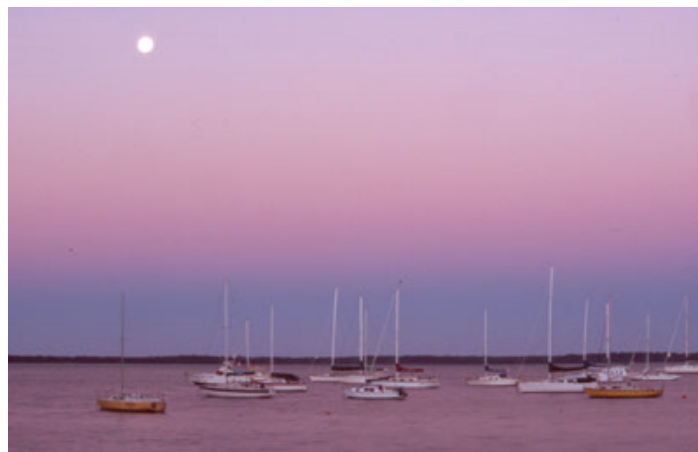
In 2023, we want to focus on the tennis court, which needs some tender loving care and has great potential for new community activities.

We thank all our hall users, all the local community who continue to support us, Council, and our outgoing and incoming committees.

To contact us about bookings, you can call (02) 44464313, or make an enquiry via FaceBook (Callala Bay Progress Hall).

For committee matters, the email is [cbphcommittee@gmail.com](mailto:cbphcommittee@gmail.com)

Our webpage is: [callallabayprogresshall.weebly.com](http://callallabayprogresshall.weebly.com)







**WELCOME to the Callala Community Centre, conveniently located opposite the shops in Emmett St, Callala Bay.**

**We are one part of the Shoalhaven Community Information Network (SCIN). Our technology has been upgraded to include solar panels, a storage battery, and satellite communications to provide an independent, continuous, communication solution with the Nowra Emergency Centre.**

**The information can be seen on the screens located at the Centre.**

**An audio-visual system has been installed in the Centre offering flexible and comprehensive facilities, including;**

- **blue tooth; computer connectivity; the ability to operate DVDs and CDs and play personal audio-visual files from a USB drive or SD memory card.**

**If you want to have a wedding; memorial service; business conference; group gathering or family reunions the Callala Community Centre is well worth considering.**

**Our facilities include**

- **A well-equipped kitchen; air conditioning; raised stage and off-street parking, and**
- **Crockery, cutlery and glasses and seating for up to 120 people**

**For all hiring enquiries contact Cynthia on 0412 121 737  
or email [cynirwin974@gmail.com](mailto:cynirwin974@gmail.com)**

**Follow us on Facebook at Callala Community Centre.**

# Route

# 120



## Currarong, Callala Bay, Callala Beach, Myola to Nowra and Bomaderry

Departs	School Days			Monday to Friday			Saturday and School Holidays			
	AM	AM	AM	AM	PM	AM	AM	AM	PM	PM
<b>Currarong</b>	♂		♂							♂
Crookhaven Pde	N/A	7.15 T	8.25 T			8.00				♂
Yalwal St	N/A	7.16 T	8.26 T			8.01				♂
Tennis Court	N/A	7.17 T	8.27 T			8.02				♂
Progress Hall	N/A	7.18 T	8.28 T			8.03				♂
Cambe & Nowra Rds	N/A	7.20 T	8.30 T			8.05				♂
<b>Callala Bay</b>										
Sydney Ave	6.04	7.35 T	8.47	10.10	1.45	8.20	10.10	1.45		
Boorawine Terrace	N/A	7.30 T	8.40	10.13	1.48	8.23	10.13	1.48		
Emmett Street Shops	5.58	7.30 T	8.46	10.16	1.53	8.26	10.16	1.53		
Callala Public School	N/A	7.35 T	8.45	10.17	1.54	8.27	10.17	1.54		
Lackersteen and Emmett	6.02									
<b>Callala Beach / Myola</b>										
Queen Mary Street	N/A	7.15 T	8.15	10.20	1.58	8.31	10.20	1.58		
Catherine St Myola	N/A	7.20 T	8.20	N/A	N/A	8.36	N/A	N/A		
Sir Henry Crescent	N/A	7.22 T	8.23	10.23	2.02	8.40	10.23	2.02		
Callala Beach Shops	5.51	7.25 T	8.25	10.25	2.04	8.42	10.25	2.04		
Watts and Lennox St	N/A	7.27 T	8.28	10.28	2.07	8.45	10.28	2.07		
<b>Mayfield</b>										
Mayfield		7.40 T								
<b>Stewart Place Nowra</b>										
Stewart Place Nowra	6.43	8.20	9.20	11.00 #	2.55	9.20	11.00 #	2.55		
<b>Bomaderry Rail</b>										
Bomaderry Rail	6.33	8.15	9.30	11.10 #	2.40	9.30	11.10 #	2.40		
<b>Nowra Tafe</b>										
Nowra Tafe		8.20	9.32							
<b>Stocklands Nowra</b>										
Stocklands Nowra	N/A		9.40	#	2.50	9.40	#	2.50		
<b>Train Departs Weekdays</b>	6.43	8.17 & 9.20	10.00*	11.23 & 12.00pm*	16.12	10.00*	11.23 & 12.00pm*	16.12		
<b>Train Departs Saturdays</b>						10.31	12.29	16.33		

\* Bus Service 737 Bomaderry Station to Kiama Station

T Transfer at Shoalhaven High School for Nowra and Bomaderry

# Drops only as Required.

SERVICES DO NOT OPERATE SUNDAYS AND PUBLIC HOLIDAYS

T Transfer at Callala School for Nowra and Bomaderry

# Route

# 120

## Nowra and Bomaderry to Callala Beach, Myola, Callala Bay and Currarong



	Monday to Friday		Monday to Friday		School Days		Saturday and School Holidays		PM
	AM	PM	PM	AM	AM	AM	PM	PM	
Train Arrives Weekdays	8.40* & 9.15	11.40* am & 12.2	1.40* & 2.17			8.40* & 9.15	11.40* am & 12.27	1.40* & 2.17	17.10
Train Arrives Saturdays						8.19	12.21	2.19	
Departs	♂	♂	♂			♂	♂	♂	♂
Stewart Place Nowra	9.20	12.20	2.55			9.20	12.20	2.55	5.24
Bomaderry Rail	9.30	12.32	2.40			9.30	12.32	2.40	5.17
Nowra Tafe	9.32	12.34		3.30 S473					
Stocklands Nowra	9.40	12.40	2.50			9.40	12.40	2.50	5.34
Mayfield				3.55					
Callala Bay				S473					
Callala School	10.17		3.35	4.11		10.17			#
Sydney Ave	10.10		3.43	4.05		10.10			N/A
Boorawine Terrace	10.13		3.40	4.08		10.13			#
Emmett Street Shops	10.16		3.35	4.10		10.16			
Callala Beach				S473					
Queen Mary Street	10.20		3.46 T	4.22		10.20			N/A
Catherine Street Myola	N/A		3.51 T	4.27		N/A			N/A
Sir Henry Crescent	10.23		3.55 T	4.30		10.23			N/A
Callala Beach Shops	10.25		3.45 T	4.21		10.25			#
Watts, Lennox Road Loop	10.28		3.42 T	4.18		10.28			N/A
Currarong									
Cambe & Nowra Rds			3.50 T	4.20 T					N/A
Progress Hall			3.53 T	4.23 T					N/A
Tennis Court			3.55 T	4.24 T					N/A
Yalwal St			3.57 T	4.25 T					N/A
Crookhaven Pde			4.00 T	4.26 T					N/A

\* Bus Service 737 Kiama Station to Bomaderry Station.

# Drops as Required. T Transfer at Callala Bay for Currai S473 Bus for Callala Bay, Callala Beach, Myola and Currarong.

SERVICES DO NOT OPERATE SUNDAYS AND PUBLIC HOLIDAYS.

## Royal Military College- Duntroon Training Exercises in Currarong, Callala Beach and Callala Bay

Over the period 07 to 24 March, the Royal Military College- Duntroon (RMC) will be conducting a training exercise in all three Jervis Bay townships and Becroft Range. The exercises seek to simulate a peace and stability operation in Australia's near region and to test the Army's next generation of leaders in realistic and challenging situations.



These exercises are the final training activity for Army's future officers prior to graduation and is designed to develop their understanding of contemporary operations in a complex environment. During the exercise period, the public may see the establishment of temporary operating bases within the community and the conduct of military operations such as patrolling and vehicle checkpoints. The exercise also includes role players who will wear a mixture of civilian clothing and military apparel and may be carrying firearms. The community will also be requested to participate where possible as role players, bringing increased realism to the training scenarios. Blank ammunition will be used for some aspects of the training, but only in areas approved by council and police. Notification will be distributed through approved outlets about blank firing activities before they occur. Locals should not be alarmed if they see military personnel or hear loud noises during the exercise period.

The opportunity to conduct this activity in the Jervis Bay community is a privilege and the community's patience and cooperation is greatly appreciated while this essential training is being conducted.

A hotline will be established upon arrival in the area to enable community members to engage directly with activity coordinators should any issues arise. Further information will be posted in the coming weeks.

## FRIENDS OF CALLALA

Friends of Callala meet at the Callala Community Centre in Emmett St most Mondays at 12

We are a friendly group of active retirees, male and female who mee

t weekly for company, a chat, a board or other game over a sandwich and a cup of coffee/tea. We regularly visit one of the Shoalhaven cafes and generally enjoy ourselves. 'Friends' was formed over 20 years ago and we are generously supported by Shoalhaven City Council.

New to the area, lonely, want to get out of the house, make new friends, why not grab a sandwich one Monday and call in, you will be made welcome.

For further information give Margaret a ring on: 4446 6535 or 0448 199 713

## Winners All Round

Christine Knight with her winnings from the Callala Market Raffle. The 'profit' from the raffle is being given to the Callala Soccer Club. The Callala Markets have also donated \$500 to the Soccer Club so it is a win for the soccer community and the Community as a whole. A wonderful gesture benefiting the soccer club





# Callala Bay Pharmacy

2/55 Emmett Street, Callala Bay 2540 Ph: 4446 4251

Hours: Mon-Fri 9am-5.30pm; Sat 9am -12.30pm

## Friendly, professional service

- Diabetes Australia supplies • Baby weighing • Gift lines
- Blood pressure monitoring • Medication packing

**FREE delivery every Thursday to Callala Bay, Callala Beach and Currarong**

Dr John C Wright B.V.Sc.

## CULBURRA VETERINARY CLINIC

7 Weston Street, Culburra Beach

9am-11am weekdays

4-6pm Mon, Tue, Thurs

4-5pm Wed, Fri

10am-12pm Sat

## CALLALA VETERINARY Consulting Room

22 Emmett Street Callala Bay

1-3pm weekdays by appointment

Please phone: **4447 3851** for appointments, enquiries or after hour calls



## E & S Painting Services

- Interior & Exterior Painting
- Friendly Local Service
- Excellent Rates
- Quality Assured

**M: 0422 560 696 H: 4446 5056**

Graham Worts

# The New South Wales State Election

is to be held on Sat 25 Mar 23.

Did you know Callala Bay and Beach are in the State District of South Coast?

There is a **'Meet the Candidate'** event at the  
**Callala Beach Progress Hall**  
on **Monday 20th Feb 23**  
**Commencing at 7pm**

If you have a burning issue or want to find out what a candidate says he/she will do to represent the Callala area, have your questions ready and come to the meeting.



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## *On Your Side.*

I am your representative in the Australian Parliament. I can help with issues like Medicare, Centrelink, aged care and pensions, the NDIS, Veterans' Affairs and community grants.

I can also arrange special birthday and anniversary messages, and information for pensioners and seniors. You can contact me on 4423 1782.



**FIONA PHILLIPS MP**  
FEDERAL MEMBER FOR GILMORE

Authorised by Fiona Phillips, ALP 3/59 Junction Street Nowra

☎ (02) 4423 1782  
📍 3/59 Junction Street Nowra NSW 2541  
📍 1/6-8 Orient Street Batemans Bay NSW 2536

✉ Fiona.Phillips.MP@aph.gov.au  
📧 Fiona Phillips MP @fiboydphillips  
🌐 FIONAPHILLIPS.COM.AU



**Vinnies**

**CALLALA BAY**

**SHOP**

- **High quality second-hand items**
- **Clothing, bric-a-brac, books, linen, beach towels, toys, games, DVDs, jewellery and much more!**

## **VOLUNTEERS NEEDED**

**YOUR TIME IS THE MOST VALUABLE  
GIFT YOU CAN GIVE.**

For details of how you can help,  
visit [www.vinnies.org.au](http://www.vinnies.org.au) or pop into the shop  
for an application pack.

Find us at: **59 Emmett St, Callala Bay**

Opening hours: **Monday to Friday - 8.30am to 4pm,**  
**Saturdays - 8.30am to 2pm** (during summer/peak times only)

**We welcome donations of non-bulky items during opening  
hours. For pickups, please call 4421 7244.**



CALLALA COMMUNITY GARDEN

52 EMMETT STREET CALLALA BAY,  
OPPOSITE THE SHOPS.



**OPENING:**

Tuesday, Thursday & Friday Mornings from 8.30 till lunch time  
1st and 3rd Sundays 9am till lunch time  
2nd Saturday each month. Produce Stall 8.00 until Noon.

**OTHER TIMES IF YOU SEE US IN THE GARDEN PLEASE DROP BY OR CHECKOUT CALLALA COMMUNITY GARDEN FACE BOOK PAGE TO KEEP UP OR callalacommunitygarden@gmail.com**

**WHATS HAPPENING:**

1. Saturday 4th March 2pm GENERAL MEETING
2. **24th February It's our Strawberry Patch Family Fun Friday Morning.**  
Morning Tea will be provided. It's for all the community not just members. Wear something RED with your hat and sunblock and bring the little ones.
3. **PRODUCE STALL Saturday 11th March**
  - a. Come and meet the team and pick up some VERRRY fresh produce from the garden. We pick it at your request. (Cannot get fresher than that)
  - b. Local Honey Jams pickles cakes also available
  - c. A selection of potted plants and seedlings, including succulents and bromeliads

**PRODUCE AVAILABLE... Tomatoes, cucumbers, Silver beets, capsicums, spring onions, chives, basil and many more herbs.**

Anyone is free to take any herbs they need for personal use. From the herb garden around the mailbox. Included are thyme, oregano and parsley.

**CONTACTS:-**

- Victoria Maudson: 0424 590 105
- Gail Fitzgerald: 0412 930 080
- Megan Hodges: 0433 668 453
- Robyn Hannan: 0417 259 392

At the beginning of February, we had a group of 20 Year 8 boys from Scots College come to the garden for a half-day working bee. The boys assisted greatly with strawberry propagation, compost relocation and aeration, and some very heavy work too!



Lots of fun and waterplay at January's Family Fun Day!

**GROWING NEWS**

During January we saw the healthy progress of many plants that had been impacted by lack of heat and sunshine. February has brought even more an improvement in this situation.

Our bumper crops at present are cherry tomatoes, capsicums, strawberries, cos lettuce, chives, bok choy and cucumbers. These will likely slow down soon. Green beans have produced an average crop, but again impacted by lack of heat. The eggplants were slow to get going but now have started bearing beautiful fruit. Our first cabbages have been picked. The fig trees are starting to bear fruit. Our Meyer lemon has its first





set of green fruit, while the Tahitian lime is a little less productive.

Plants growing well at the moment are rocket, perpetual spinach, shallots, beetroot, basil, silver beet, new cucumbers and radishes,

There has been a lovely array of flowers growing within the garden and these have contributed positively to garden members and beneficial insects alike. These include cornflowers, perpetual basil flowers, blue salvias, feverfew, various lilies, marigolds, bok choy flowers and calendula,

Some problems we have encountered recently include cabbage butterfly, humidity-induced leaf problems, flea beetles and scale - that other locals may find in their veggie patches. We aim to use organic solutions to manage these

We would like to thank the locals who have been contributing to our composting by depositing fruit and veggie kitchen scraps to our bin outside. It is located just on the lower side of the car park.

**Save the date... SUNDAY 19TH MARCH....OPEN MORNING from 9.30 Join us for BRUNCH**



Just a reminder that some of the proceeds from the sale of honey and jam is donated to the juvenile Diabetic Research Association SOME OF OUR MEMBERS ARE WALKING "RELAY FOR LIFE". There is a fun pizza fundraising evening planned for 20th March. Ticketed event \$30.00 per person with all profit going to the Shoalhaven Cancer Centre. Tickets available at the garden

## Warnings to Dinghy Owners

The Council has placed a number of 'Notice of Intention' stickers on all dinghies, surf boards and other water craft located on the Callala Beach Foreshore, between the sailing club and Sheaffe Street.

It is understood the warning is for 28 days and after that period the boats etc will be removed. A copy of the Notice and a typical boat grouping is shown below.

**Notice of Intention**

**Public Spaces (Unattended Property) Act 2021**

**Guidance**

In accordance with s28 of the Act an authorised officer of Council is investigating whether this item has been in the same or substantially the same place unattended for 7 days or more.

The person responsible for the item is given notice that if the item is not removed within SEVEN (7) DAYS of the date of this notice, it will be deemed unattended and Council's authorised officer will take possession of the item in accordance with Sec 25(1) of the Act.

**Fines apply for non-compliance**

For further information, please contact Council Ranger Services on 1300 293 111 and quote details below.

Request Management No. **P2K23-00224**

Date **13.2.23**

Ranger Initial **MB**

**Shoalhaven City Council**

120/01/2023

## Medal found

This medal was recently found in the Callala area. If you are the owner, please call: **0414 652560** to claim possession.



# YOUR AD HERE

Advertise Your Business With  
The **CBnews** Today!

Contact the Editor for more info

[editor@callalabaycommunityassociation.com](mailto:editor@callalabaycommunityassociation.com)



## Callala OOSH By Katie

Callala Before and Afternoon Care for school-aged children by qualified and caring staff.

For information please call Katie-

0419917793 or 0427976669

email: [callalaooshbykatie@gmail.com](mailto:callalaooshbykatie@gmail.com)

# Crookhaven Mechanical Repairs



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## FREE Pick - Up Callala - Bay - Beach - Myola

We Can Service Your NEW Car AND Protect YOUR Warranty

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When Quality Counts

[crookhavenmechanical.com.au](http://crookhavenmechanical.com.au)

## The Point Gallery Craft

76B Greenwell Point Road Greenwell Point NSW 2540

Extensive Art and Craft Made in the Shoalhaven  
Exhibition space available on a calendar month basis

Tourism Ambassador for the Shoalhaven

Normal opening hours 10am-4pm Friday - Monday ur

COVID Hours 11-3 Friday, Saturday & Sunday

For further information

Contact: 0400998610 or 0418249148



# Callala Bay Progress Hall and Tennis Court

Available for both casual and regular hire

*Newly renovated, reasonable rates*

Ph: 444 64 313

## Regular Community Users

Craft Group: Tuesday (10am)  
Folk Dance: Tuesday (2pm)  
Subud: Monday and Thursday (7:30pm)  
Latin and Ballroom Dancing: Tuesday (7pm)  
Tai Chi: Saturday (8:30am)  
Yoga: Thursday (9:30am starting 2022)  
Tennis Lessons: Saturday (midday)

Yvonne ph 444 66 280  
Maureen ph 444 66 550

Alain 04331 56143  
John ph 0428 564 738  
Anna ph 0405 102 234  
Gary ph 0412 068 116

<https://callalabayprogresshall.weebly.com/>



**FREE**

## Pre-Loved Clothing & Book Stall

First Saturday of the Month  
at the

Callala Community Centre

9.30am to 12.00 NOON

Clothes in good condition can be dropped off at the stall (on the day only). If clothing can be delivered by 10am; this will allow them to be displayed.

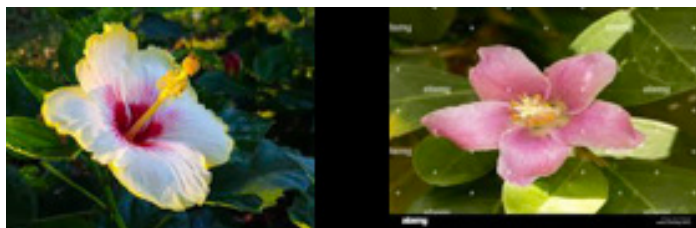
Sponsored by the Anglican Church, Callala

## **Culburra Beach & District Garden Club Inc.**

Hello everyone, we had our first meeting Saturday 18th February with President Bev presiding. Twenty- nine members including visiting friends attended as the theme was Galentine's Day. This is a day for women/gals to celebrate their friendships with their lady friends. We used this day as a way of encouraging more people to attend our club. Men would have been welcomed too. I took my friend Christine from the CCG and then two other members also from this garden, Mhairi and her sister Helen, dropped in. It was lovely having them with us. For the display table we had to bring in flowers or a potted plant given to us by a friend.

During the Christmas break, my husband and I went to Norfolk Island for 10 days. It's an island full of history (a sad one as it was once a penal colony), natural surroundings and the majestic Norfolk pines first spotted by Captain Cook. We love their relaxed way of life where doors are rarely locked, where wandering cows have right of way and the ritual of doing the Norfolk wave to every driver you pass. Walking down the main street you could not miss their hibiscus shrubs which were in flower. On Norfolk Island the hibiscus flower is displayed everywhere- coffee shops, restaurants, on shop counters and at reception where we were staying. Every morning there would be a different coloured one. Hibiscus is a genus of flowering plants in the family, Malvaceae. The genus is quite large, comprising several hundred species that are native to warm subtropical regions like Norfolk Island. The shrubs have large, showy flowers and are very hardy. Being versatile it adapts itself easily to balcony gardens and can be easily grown in pots. It is a perennial and flowers throughout the year, and it comes in a variety of colours. They have a tree on the island which was once known as the Norfolk Island hibiscus. However, we were informed that it is not a true hibiscus, even though it belongs to the same family of plants, Malvaceae. It is now known as the white oak. This very big tree, which was flowering throughout the island has pink scented flowers that do resemble a hibiscus flower.

In Callala there are some beauties growing – one of the most common is the large double- pink hibiscus. Whenever I see a hibiscus now I think of that beautiful south pacific island.



We meet on the 3rd Saturday from Feb. – November 1.30pm at Culburra Anglican Church, Penguin Head Rd, Culburra Beach. Please bring your own cup/ mug for afternoon tea. Membership fee is \$20 annually.

**Cheers to all and happy gardening,  
Doris Carpenter 4446 5631**

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## **Notes from the Medical Centre**

Trips, tumbles, slips and falls. Whatever you wish to call it, this is one of the biggest danger for people who live independently at home alone. Falls can lead to broken bones which leads to loss of independence. One of my personal favourite topics to discuss is osteoporosis prevention. Apart from Vitamin D supplements and plenty of dairy in our diet, for patients over the age of 70, I highly recommend a bone density test every 2 years.

Apart from age, other indications for a bone density test include: prolonged steroids use, hormone problems involving the thyroid or the parathyroid gland, malabsorption, Rheumatoid arthritis, or kidney or liver disease. If you have any of the above conditions, I highly recommend having a chat about Bone density with your GP.

If you have any questions about the above topics, please feel welcome to discuss with the friendly new doctors Dr Badlani and Dr Chowdury starting at Callala medical centre this month.

Be happy and healthy  
Dr Zhou

# The Anglican Parish of Culburra Beach

## Anglicare Op Shop

Shop 3/4 Weston Street, Culburra Beach

### Opening Hours:

Mon-Fri 9am - 4pm

Sat. 9am-12pm

*\* Closed Public Holidays*

Clothing, bric-a-brac, books, toys, linen, games, DVD'S, jewellery and more.

### EFTPOS available

Saleable Goods are most welcome, but we can't accept furniture, white goods, mattresses, encyclopedias, computer ware and videos.



You can drop goods at shop or in charity bin situated at Culburra Anglican Church, Penguin Head Rd, Culburra.

If you would like to volunteer, please contact

Manager Neroli McCusker:

**4447 4084 (Shop) or 0401 466 590**

At the Annual General Meeting of the Callala Bay Community Association Inc to be held on Wed 8 Mar 23, the following committee positions will be open for election.

**President (Chair); Vice President; Secretary; Treasurer;  
Minutes Secretary; Correspondence Secretary; Historian; Committee (4);**

Perhaps some of these positions could be “job share”.

If you would like to volunteer for one of these positions or nominate a candidate, please complete form below and return by email or mail or at our next meeting.

---

## **Callala Bay Community Association Inc.**

ABN 68 031 980 561

P.O. Box 14 Callala Bay NSW 2540

Email: admin@callalabaycommunityassociation.com

### **Nomination Form - Annual Election of Officers**

We hereby nominate:

First Name: .....

Family Name: .....

for the position of .....for the ensuing year.

The member is financial Yes No **Please circle.**

**Note:** The member **must be financial** to be eligible to stand for any position.

Signature of proposer.....

Name.....

Signature of seconder.....

Name.....

I accept the above nomination

.....

Signature of nominee

Date

<p><b>Privacy Statement:</b> Information given above is kept private and confidential and may only be used within the confines of Callala Bay Community Association and shall not be used for any other purpose.</p>
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## Australia Day 2023

Breakfast by the Bay. What a fabulous day! Good sunny weather, great location; Bicentennial Park, Callala Bay. With the community and visitors coming together to celebrate all that it means to be Australian and to appreciate that we live in one of the best places, in the best country.

We enjoyed a delicious breakfast of egg and bacon rolls, or sausage sangers for the kids, provide by Capt. Sue Borrowdale and her crew and helpers from the Callala Bay Rural Fire Service. Huge thanks to all who made a generous donation on the day. We were entertained with good old Aussie music sung by Kenny and Amanda to help us get in the spirit of the day. This was their seventh year of performing for us and looking forward to next year. The kids were entertained again this year by Magic Daniel. It could have been his 7th year also. Hot coffee and cake by Bumpy Road Catering, was a must. Big thankyou to Shoalhaven City Council who each year make this event possible with a grant to cover costs.

We were chosen and honoured to host the Australian Citizen Ceremony where our Mayor Amanda Finley presented Citizen Certificates and gifts to 12 of our nation's newest citizens after a welcome to Country and acknowledgement of our first nations people who inhabited this area. Sunny sky and the blue water of Callala Bay, in the shade of towering gumtrees, what a location.



One of the major fundraising opportunities for the CBCA is our Australia Day raffle. It was most successful with great prizes, many donated by local businesses and members of the community. Our amazing ticket sellers commenced before Christmas and took the opportunity at our fundraising sausage bbq outside IGA, two Saturdays in January. Its was a great opportunity to engage with our community.

An amazing event such as this could not go ahead without the planning, organization and work of the CBCA Committee and members. A huge thank you to all who worked to put on this event or contributed in some way. Looking forward to next year.

John Fowler



## Callala Bay's secret cycling champion- Cassie Lowe

Cassie has been a resident of Callala Bay since 2012, coming to town from Yass. She made the sea- change here because of the area's natural beauty and the fantastic climate. She has continued in her profession as a drafts person, working on many local and regional projects since arriving.

But most people have no idea that Cassie had a short but amazing career as an ultra- distance cyclist in the late 1990s until 2001. According to Cyclingnews in 2001 "Cassie Lowe is virtually unstoppable on her bike. It seems every event she enters, she wins. She is, without doubt, the best women's ultra-distance cyclist on the planet".

So what drove Cassie to compete in the Race Across America several times, as well as many other events such as the Devil Mountain Double in California, climbing 18,000 feet in 13 hours and La Grenobloise in France climbing 4000metres? She wanted to see if she could do it!

Although Cassie was always involved in sport as a youngster, it was seeing American woman Susan Notorangelo on Wide World of Sport and talking about her participation in the Race Across America that fired her imagination. She started training by riding around and north of Sydney (often in the dark). Long distance cycling was not 'a thing' in Australia at the time and few people knew about the RAAM race. Cassie had very little financial backing and no support team when she decided to base herself in the USA for 6 months to do the qualifying rides and to get acclimatised. The Aus \$ at the time was worth about 50cents USD! With no sponsor she had help from a friend and used her savings to go and follow her dream.

The qualifiers are tough- one was 508 miles through the desert in 35 hours with temps into the 40's; the Elite Tour was 200 mile/day for 14 days from the west coast to the east coast There were many others. She needed to be able to do 500kms every 24 hours to be competitive in RAAM. And she needed to find a support team. She exceeded all expectations, found a great team of six and determined that she had what it took to be the best.

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In 2000, Cassie raced across America with 101,000 feet of climbing, over 2975 miles in 10 days. She came first in the women's division and 7th overall. In 2001 she did it all again winning the women's solo RAAM and coming 4th overall in the event.

In the three years between 1999 and 2001 Cassie won a myriad of ultra-distance events in Europe and the USA. She was considered a rock star in the cycling world overseas, but was, and remains, virtually unheard of in Australia. How amazing that she lives here in Callala Bay!

Although there were no family members into cycling at the elite level when Cassie decided she was going' to go big', it must be in her genes, as many years after her success Cassie discovered that she is related to Arthur Richardson, the first person to cycle right around Australia.

Cassie had achieved her goal- 'to see if she could do it'. Then it was time to get back to reality, go back to her profession in Australia, and her family, and live with cycling for pleasure over much shorter distances!

Cassie looks back on that time fondly and says she learned a fantastic life lesson- that you have more inside you than you might ever envisage. I am thrilled to have heard just a part of her story. I hope you do too.



# Callala Bay Progress Hall and Tennis Court



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## **Regular Community Users**

Dru Yoga: Monday (2:45pm)  
Craft Group: Tuesday (10am)  
Folk Dance: Tuesday (2pm)  
Subud: Monday and Thursday (7:30pm)  
Yoga: Thursday (9:30am)  
Advanced Tai Chi: Saturday (8am)

Lyn ph 0419427574  
Yvonne ph 444 66 280  
Maureen ph 444 66 550

Anna ph 0405 102 234  
Jenny ph 04477 43179

**Tennis Lessons: Saturday (midday)**

**Daisy 0490 537 551**

<https://callalabayprogresshall.weebly.com/>



## COMMUNITY CONTACTS

**Emergency Police Fire Ambulance: 000**

**Nowra Police Local Area**

Command: **4421 9699**

Crime Stoppers: **1800 333 000**  
(anonymous reporting)

Police Assistance Line: **131 444**  
(non emergencies)

State Emergency Service: **132 500**

Jervis Bay Marine Park: **4441 7752**

Callala Doctor's Surgery: **4446 5350**

**Shoalhaven City Council**

General enquiries, business hours: **4429 3111**

Emergencies and after hours: **4421 3100**

**Justices of the Peace**

Howard Duncan: **4446 6535**

Robyn Hannan: **4446 4428**

Rev Sue Fisher: **0406 815 449**

Jill Lower: **4446 6281**

Dallas McMaugh: **0400 189 875**

Lorraine Taylor: **4446 5117**

**Culburra Beach & District Garden Club**

We meet every 3rd Saturday of month  
Feb-Nov at 1.30pm

**Venue:** Culburra Anglican Church  
Penguin Head Rd, Culburra Beach.

For more details contact

Doris Carpenter: **4446 5631**

**Culburra & Districts Community Health Service**

Visit the Op Shop and pick up a bargain!  
Proceeds help maintain the Medical Bus that transfers people to Nowra for medical appointments from Greenwell Point, Culburra Beach, Callala Bay & Beach, Currarong and Myola.

Please contact Culburra Pharmacy on **4447 2382** to arrange transport.

**Culburra Beach & Districts Men's Shed**

Every Monday and Wednesday from 9am to 1pm, beside the Banksia Community Hall, Fred Evans Lane, Culburra Beach (IRT entry).

More details contact Ray Sutton:  
**0499 452 095**

**Culburra Beach Orient Point Men's Shed Inc.**

**Location:** Old Scout Hall Cnr West Crest & Wollumboola Lane

Open 8:30am - 1pm Tuesday, Wednesday & Thursday

**All enquiries:**

John Castellan: **0498 023 781**

Max Ford: **0403 204 847**

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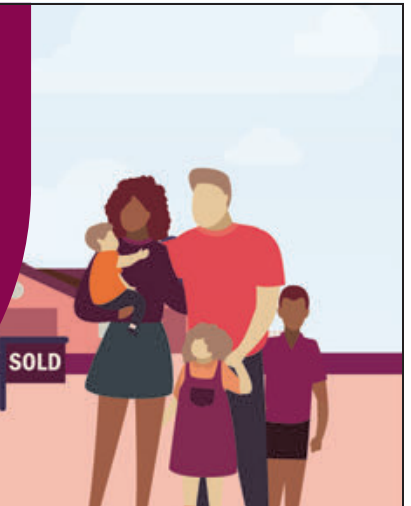
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[nowra.ljhooker.com.au](http://nowra.ljhooker.com.au)

 **LJ Hooker**

**Vanessa** is a well known face in our community, a **local of Callala for 28 years** and working locally in real estate for the past **17 years** with extensive knowledge and insight into the local market. Her dedication to customer service, innovation, honesty and openness have been the cornerstones of Vanessa's record of success over many years. Known for her friendliness, understanding, enthusiasm & strong negotiation skills.

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**If you are looking for a local in real estate for buying or selling contact me today.**

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