

# Callala Bay NEWS

November 2024

Issue 133-2024

*Monthly Magazine from the Callala Bay Community Association Incorporated*



*The Callala Bay NEWS proudly supports your local community  
by helping to fund projects that benefit all residents.*

*Consider supporting us by subscribing for a small yearly fee.*

*Contact: [editor.cbcanews@gmail.com](mailto:editor.cbcanews@gmail.com)*



# ATB GARDENS YARDS + TREES

*All aspects of garden, yard & property maintenance*

- Lawn Mowing • Irrigation • Fertilising • Aerating
- Tree Work • Landscaping • Hedging • Mulching
- Rubbish Removal • Domestic & Holiday Rental Cleaning
- High Pressure Water Cleaning • Garden & Yard Make Overs



• Commercial • Domestic • Rural Properties

# 0415 732 801

ABN: 16 821 580 073

andrew@atbcontractors.com.au | www.atbcontractors.com.au



Enrolment for children 2 to 5 yrs  
Open 8am – 4.30pm  
University & TAFE trained teachers  
'School Readiness' curriculum  
Fee rebates available to eligible families

Awarded 'Exceeding National Quality Standards' by the NSW Department of Education and Communities.

For further information please call us on **4446 6089**



**first national**  
REAL ESTATE

Callala 4446 4313



Callala First National has been servicing the local area for more than 19 years and continues to strive to provide a service above and beyond our clients expectations. If you are considering selling or renting your property contact our friendly team on 4446 4313 or drop into our office at 58 Boorawine Terrace, Callala Bay.  
www.callalafirstnational.com.au

# CALLALA BAY NEWS

*A monthly newsletter of the  
Callala Bay Community Association Inc.*  
ABN: 68 031 980 561  
[www.callalabaycommunityassociation.com](http://www.callalabaycommunityassociation.com)  
Email: [admin@callalabaycommunityassociation.com](mailto:admin@callalabaycommunityassociation.com)  
PO Box 14 Callala Bay 2540

## CBCA Inc COMMITTEE

### President

Morris Dickins

### Vice President

Scott Horsburgh

### Treasurer

Julie Morris

### General Secretary

*Jacqueline York*

### Minutes Secretary

Merry Dickins

### COMMITTEE MEMBERS

Jacinta Flattery-O'Brien

Gary Chapman OAM

Sue Chapman

Melinda Listing

Kate Hartnett

Robert Hartnett

Sharron Horsburgh

### Public Officer/CB News Editor

James Morris

## Note from the Editor:

The CBnews proudly supports our community, consider subscribing for a small yearly fee.

Please contact us with any local issues or concerns with the intention of having it published.

## INDEX

<b>Culburra Beach &amp; Districts Men's Shed</b> .....	Page 4-5
<b>From the Committee</b> .....	Page 6
<b>Emergency Contacts</b> .....	Page 12
<b>Callala Community Garden</b> ....	Pages 14-15
<b>Callala Markets</b> .....	Page 20
<b>Culburra Beach &amp; District Garden Club</b> .....	Page 22
<b>From the Doctor</b> .....	Page 30
<b>Bushcare</b> .....	Page 33
<b>Community Contacts</b> .....	Page 38

## MR MIKE SPARKLE BRIGHT

ABN: 50 534 685 256

### Professional Window Cleaner



All Types of windows cleaned including Fly Screens, Window & Door Frames Tracks and Runners

We can offer our customers Solar Panel Cleaning (*single story only*)

**Very Reliable • Free quotes**

**Ring Mike on:**

**0406 467 026 or 02 4446 6684**



**Scott Horsburgh**

**Ph: 4446 6544**

18/55 Emmett Street  
Callala Bay 2540

**Your Local Butcher  
The Meat Specialist**



# USE, LEARN & SHARE SKILLS



**CULBURRA BEACH &  
DISTRICTS MEN'S SHED**

**CALL US ON  
0494 055 329**

**FIND US BEHIND THE POLICE STATION.**

## **Culburra Beach & Districts Men's Shed**

Bushfire season is just around the corner, so our members spent half a day recently cleaning up accumulated leaves, etc around the Shed. Some hardy souls even ventured onto the roof to sweep off any debris and to clean out the gutters. It's not the most glamorous of chores, but very worthwhile, from both an appearance and safety perspective. We ended up with a (very) full trailer of green waste, which was deposited at the local Council depot.

How's your Bushfire preparations going? Above average temperatures are forecast for Summer, so get going now.

It was a very breezy day for the Callala Markets in October, which seemed to keep numbers down a little, but we still had a worthwhile day. Local wildlife will be the beneficiaries from the sales of nestboxes and native bee hotels.



*Bushfire season clean up*

We'll be at the Callala Markets on Saturday 9 November, from 8am 'til 1pm. Come along and check out our range of timber craft and nestboxes for your backyard buddies. Or just call in for a chat and see what the Shed can offer you.

Our "Fix it Monday" program on the first Monday of each month continues to successfully undertake minor repairs and special orders for local residents. Bring in that broken chair or family heirloom and we'll



*Callala Markets, October*

endeavour to bring it back to life. Our welding bay is also available to assist with repairs to metal and steel items.

The Shed is open for door sales on Mondays and Wednesdays from 8.30am to 1.00pm, so feel free to call in and check out our full range of nestboxes and native bee hotels for your backyard buddies. We also carry a wide range of other timber craft for the home or kitchen.

Follow us on Facebook or join our Facebook group to stay up to date with news and events. You can contact us through Facebook, via email to [CBDMS1@outlook.com](mailto:CBDMS1@outlook.com) or by phone on 0494 055 329.



## **Tai Chi & Qigong for Health**

Callala Beach Community Centre

Tuesdays 11:30am

To Book contact:

Joanne

**0416 271 408**

*- Feel the flow of vitality -*



## **FirstLine Holistic Therapies**

At FirstLine Holistic Therapies we specialise in alternative healthcare, using safe and effective natural medicines. We also offer a personalised Lifestyle Medicine Program for heart disease, diabetes, and cancer.

Gastro-Intestinal Health • CardioMetabolic disease  
Men & Women's Reproductive Health • Mood disorders  
Skin conditions • Fatigue/stress & sleep problems

**Serving the Shoalhaven area.**

Telehealth appointments also available.

Located at 132 Junction St. Nowra.  
*(inside Nowra Medical & Skin Centre)*

**Phone: 0407 489 063**

**Email: [johntylor@multicitymedical.org](mailto:johntylor@multicitymedical.org)**

## Notes from October's General Meeting

The General Meeting held 10 Oct 24 was an intimate affair with our Guest speaker, Frank Neri, Secretary of Repower Shoalhaven providing us with some excellent and thought-provoking ideas about generating our own electricity and moving away from fossil fuels.

### The main points he covered included:

- Encourage households to have electric appliances and cars as much as possible
  - Natural disasters are occurring with more and more frequency and ferocity
  - High temperature records have increased in recent years
  - 40 billion tons of CO2 produced globally each year; we need to get it down to zero as quickly as possible.
  - 30-40% households have solar panels in Australia but there is still a long way to go.
  - Supply our own clean power + use that power generated.
  - Suggest individual households plan that as things break down and need replacing, make them electric
  - there can be some sound efficiency wins by keeping the money and jobs local. Eg. By not using oil-based power- a proportion of the cost of petrol/diesel money goes to the oil producing countries. Solar energy keeps the money here.
  - It is suggested solar panels increase the value of your house.
  - The single most impactful change most of us can make is to replace a fossil fuel car with an EV.
- Mayor Patricia White and Jemma Tribe, one of our Ward 2 Councilors briefed the meeting about the new council and what we can expect.

### The mayor advised:

-Asset management on roads is being done now and it should be completed by the end of November 24. The roads will be prioritised in terms of repair and the information will be made public. The \$40 million grant awarded two plus years ago will be used over the next year and our local roads will be included in that group.

-A finance committee of external members will be recommended by Patricia. Constituents will be invited to come on in an advisory role and suggest changes that can be made to the council.

- The Australia Day Ceremony will be retained on 26 January and Citizenship Awards will be included where possible.

-Council meetings will be moved to Tuesdays.

Clr Jemma Tribe: Jemma advised the meeting of her email address and asked for suggestions and information. Jemma is available at: [Jemma.tribe@shoalhaven.nsw.gov.au](mailto:Jemma.tribe@shoalhaven.nsw.gov.au).

### General Meeting Matters

Alan Ruedlinger, Denise Ivers and David Hulks were welcomed as new CBCA members.

The following activities / projects were outlined:

- Christmas Day Lunch for Callala Residents
- Australia Day raffle; There is going to be a BBQs for each of the 3 Saturdays in Jan 25. ( 4, 11 and 18 Jan 25) at the shopping centre. If you would like to assist, please advise the Secretary.
- Introduction to first aid training was held with 12 participants
- The provision of a defibrillator to be held at the Shopping Centre is being investigated
- Shoalhaven Regional Gallery are looking for local artists to exhibit their work in the gallery. They are holding a 2025 Exhibition and want bodies of work that relate to the Shoalhaven area. Details are on the Shoalhaven Regional Gallery website.

### Working groups reports:

- Sheaffe St Footpath – Merry Dickins  
“the project is still planned for construction in the third quarter of the current financial year.”
- Christmas Lunch – Gary Chapman  
A poster is being designed by Jame Robinson to advertise the lunch. Registrations at the Post Office.

- Callala Bay School Art project- Julie Morris- technique lessons will occur, and paper and art materials are being provided by CBCA
- Australia Day Breakfast- Rob Hartnett is the organiser and the ducks are pursuing the forms to be attended to and there will be a raffle.
- Wowly Creek Portaloos and bins. It was suggested the portaloos need to be installed as quickly as possible as foot traffic is increasing, it is also advisable if another bin is provided. Cllr Tribe advised she will speak to the responsible person in Council.

The next meeting of the CBCA will be held on Wednesday 13 Nov 24, commencing at 7pm



## Callala Gallery

15 Callala Beach Road Callala Beach

Open 10am to 3pm

Week Days & Weekends

Weekly classes in H2O Oils, Acrylics, Watercolours, Pyrography, Mixed Media, Mosaics & Clay Sculpting.

**Workshops by appointment.**

**Artworks for sale by local Artists.**

*We do take Commissions & have a lay-by agreements.*

**Ph: 4446 5770 Mob: 0407 465 770**

**www.artclassesnowra.com**

**Callala Gallery on Facebook**

## Peter Rose EyeQ Optometrists

Visit [eyeq.com.au](http://eyeq.com.au) for convenient online bookings

59 Kinghorne Street, Nowra

4421 4511



Peter Rose



Robert Rose

**EyeQ**  
OPTOMETRISTS  
*your local*  
experts in eyecare

## JERVIS BAY FILM TRANSFERS

Records



Cassettes



Onto  
CDs



VHS movies



onto DVDs



**8mm Films onto USBs**

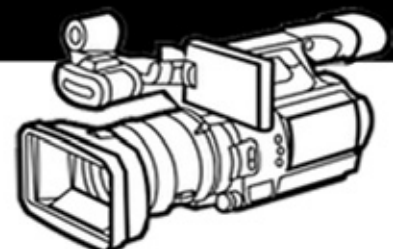
**Convert CDs to Mp3s**

**Scan Slides onto USBs**

**Call: 0401076338**

[jervisbayfilmtransfers.com.au](http://jervisbayfilmtransfers.com.au)

## Wedding Videographer



**We Build  
Corporate  
Websites**

# **FIONA PHILLIPS MP**

**Federal Member for Gilmore**


I'm here to help with issues like Medicare, Centrelink, aged care and pensions, the NDIS, Veterans' Affairs and community grants. I can also arrange flags, and special birthday and anniversary messages.

**Please let me know how I can help you.**

 (02) 4423 1782

 [Fiona.Phillips.MP@aph.gov.au](mailto:Fiona.Phillips.MP@aph.gov.au)

 [fionaphillips.com.au](http://fionaphillips.com.au)

 3/59 Junction St Nowra NSW 2541 &  
1/6-8 Orient St, Batemans Bay NSW 2536



Authorised by Fiona Phillips MP, Nowra.





## ANGLICAN CHURCHES of Culburra Beach | Callala | Currarong

**Callala Church Service - 5pm Sunday**  
All Welcome | 4:30 pm for afternoon tea  
St Marks, 2 Hunter Street, Callala Bay



Please contact us for more  
information or visit our web site.

p: 02 4447 3277

e: [office@culburraanglican.asn.au](mailto:office@culburraanglican.asn.au)

[www.culburraanglican.asn.au](http://www.culburraanglican.asn.au)

**Growth Group Bible Studies**  
Contact us for times and locations

**Caterpillar's Playgroup**  
9:30am Friday @ Culburra Beach Anglican

**289youth**  
Friday Nights @ Culburra Beach Anglican



Having problems with  
your computer?

# Hayton.Biz IT

Local computer  
support & service.

**Onsite IT & computer support for business and home users.**

**Experienced technicians, same day service, No call out charge for the local area\* & competitive rates.**

**Laptop repairs/servicing also undertaken.**

- Computer repairs
- General PC report
- Computer servicing
- General PC advice
- Internet problems
- Email setup
- Virus/malware removal
- Network configuration
- Domain registration
- Server installation
- Server support
- Backup configuration

# 0422 599 305

Call  
Today

## **Culburra Beach Orient Point Men's Shed Inc.**

*The Shed by the Lake*

Location: Old Scout Hall Cnr West Crest & Wollumboola Lane

### **NEW MEMBERS WELCOME**

You are invited to join the Longest Established Men's Shed in Culburra, learn new skills and bring your own, come and enjoy the company of our friendly members and participate in a variety of activities

We are open 8:30am - 12:30pm Tuesday, Wednesday & Thursday

**All enquiries: 0498 023 781**

[www.culburra-beach-mens-shed.org.au](http://www.culburra-beach-mens-shed.org.au)

Facebook: Culburra Beach Orient point Men's Shed <https://www.facebook.com/cbopmshed>



**CLUB HOURS**

**Mo:** 10AM - 7PM  
**Tu:** 10AM - 9PM  
**We:** 10AM - 10:30  
**Th:** 10AM - 10:30  
**Fr:** 10AM - 10:30  
**Sa:** 10AM - 10:30  
**Su:** 10AM - 9PM

**43 Callala Beach Road, Callala Beach**  
**02 4446 5313 clubcallala.com.au**  
**generalmanager@clubcallala.com.au**

**accommodation now available at:**



**31 Callala Beach Road, Callala Beach**  
**02 4446 5313 or 0460 543 859**  
**beachandbaystay.com.au**



for information & bookings, call us on  
02 4446 5313 (option 2) or contact  
callalagolf@bigpond.com  
open every day pending weather



**Lunch Service:**  
Every Day From  
**12:00PM - 2:30PM**  
**Dinner Service:**  
Tuesday to Sunday  
**5:00PM ONWARD**  
Monday (Pizzas Only)  
**5:00PM - 7:00PM**

**\$15 Lunch Specials**  
**EVERY DAY**

Tuesday \$23 Rump Steak Night  
Wednesday \$18 Chicken Schnitzel Night  
Thursday \$20 Pizza Night  
Saturday \$15 Club Beef Burger Lunch Special  
Sunday Roast \$20 Lunch & Dinner

**ALL WEEKLY SPECIALS DINE-IN ONLY**

**TUESDAY:**

Happy Hour from 4PM - 6PM  
Social Darts from 5PM  
Trivia starting 6:30PM

**THURSDAY:**

Bingo from 11AM  
Happy Hour from 5PM - 7PM  
Pool Competition - rego from 6:30PM, starts 7PM  
Member's Badge Draw 6:30PM, 7:15PM, 7:45PM

**SATURDAY:**

Live Entertainment Every Week  
**LAST SATURDAY OF MONTH:**  
Second Chance Draw & Members Badge Draw

**SUNDAY:**

Fisho's Weigh-In on 4th Sunday at 2PM

**Callala RSL Country Fishing Club**



Callala Beach Road, Callala Beach 2540

**MONDAY:**

Indoor Bowls - from 12PM

**TUESDAY:**

Veterans Golf - from 7:30 to 1PM

**WEDNESDAY:**

Callala Mixed Social Bowls - from 12PM

Ladies' Golf - from 8:30 to 1PM

**FRIDAY:**

Fitness Class - from 10:30AM

**SATURDAY:**

Mixed Golf Comp - from 7:30 to 1PM

**EVERY DAY:**

Barefoot Bowls \$15 per person,  
includes equipment hire  
kids aged 12 & under play for free

**THURSDAY:**

Bowls Raffle - tickets sold from 6PM

Bowls Schooner Draw - from 7:45PM

**FRIDAY:**

Mega 50 Meat Tray Raffle -  
tickets sold from 6PM, drawn 7PM

**SATURDAY:**

Fisho's Raffle -  
tickets sold from 12PM to 1:30PM

**LAST SATURDAY OF MONTH:**

Meat Tray Raffle -  
tickets sold from 6:30, drawn 7PM

**SUNDAY:**

Meat & Seafood Raffle -  
tickets sold from 4PM, drawn 5PM

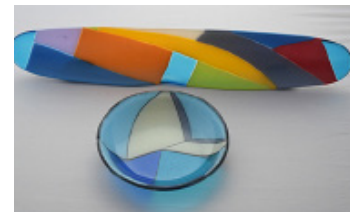
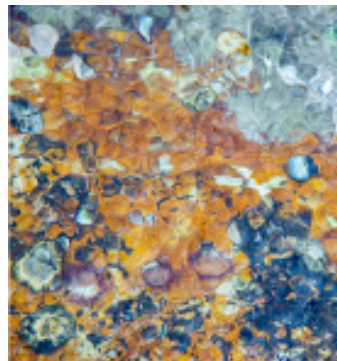
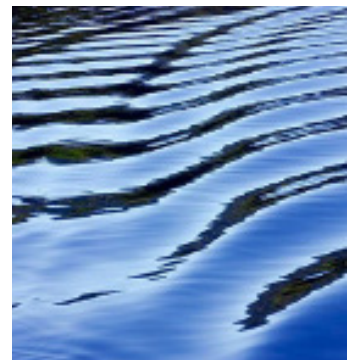
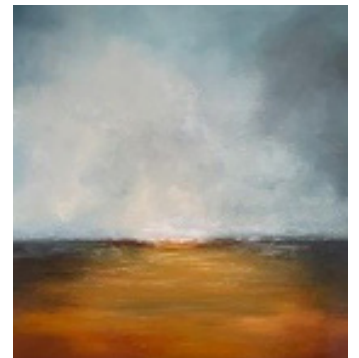
**COURTESY BUS AVAILABLE FOR A GOLD COIN DONATION**  
**SERVICING CALLALA BAY, CALLALA BEACH, AND MYOLA**  
**MONDAY TO SATURDAY FROM 4PM, SUNDAYS FROM 3:30PM**



# CURRARONG ART TRAIL

[currarongarttrail.com.au](http://currarongarttrail.com.au)

first Saturday of every month  
10am - 2pm



# Emergency Phone Contacts

Situation/Service	Phone Number	Website
Injury or Health Crisis	000	ambulance.nsw.gov.au
Motor Vehicle Accident	000	police.nsw.gov.au
Police	000	police.nsw.gov.au
Police – Non Emergencies	131 444	police.nsw.gov.au
Police Crime Stoppers	1800 333 000	police.nsw.gov.au
Household Fire / Hazmat	000	fire.nsw.gov.au
Bushfire	000	rfs.nsw.gov.au
Shoalhaven RFS District Office	4424 4424	rfs.nsw.gov.au
Bushfire Survival Plan	-	rfs.nsw.gov.au
Bush Fire Information Line	1800 679 737	-
Flood, Storm and weather warnings	-	bom.nsw.gov.au
Storm / Flood	132 500	ses.nsw.gov.au
Power Outages	131 003	endeavourenergy.com.au
Main Road Closures	132 701	livetraffic.com
Local Road Closures	1300 293 111*	shoalhaven.nsw.gov.au
Shoalhaven City Council	1300 293 111	shoalhaven.nsw.gov.au
Shoalhaven City Council After Hours	4421 3100	shoalhaven.nsw.gov.au
Shoalhaven Hospital	4421 3111	-
Milton Hospital	4455 1333	-

If you are **deaf** or have a **speech** or **hearing impairment** dial **106** for the Text Emergency Relay Service

## Useful Apps & Websites

Visitors to the area can download the following free mobile apps to stay informed of the latest advice and information in the event of an emergency.

### Emergency+ App

The Emergency+ app is a free app developed by Australia's emergency services, Government and industry partners.

The app uses GPS functionality built into smart phones to help a Triple Zero (000) caller provide critical location details required to mobilise emergency services.



[emergencyapp.triplezero.gov.au](https://emergencyapp.triplezero.gov.au)

### Other Helpful Apps & Websites



Fires Near Me NSW



Floods Near Me



Weather Zone



COVID Safe



BOM



Marine Rescue



Live Traffic



Facebook



Twitter



**DISASTER DASHBOARDS**

[shoalhaven.disasterdashboards.com/get-ready/overview](https://shoalhaven.disasterdashboards.com/get-ready/overview)



## Callala Community Supports Christmas

This annual event will be held at the Callala Community Centre, 42 Emmett Street on Saturday 7 Dec 24. The Centre Management Committee hosts an opportunity for the community to donate gifts, non-perishable food items and personal items for the Salvation Army to distribute to those less fortunate. Donation tables will be in the Centre Auditorium and in previous years the Community response has been outstanding.

This year we are trialling a new format which will focus on the involvement of local community organisations, such as the Callala Hot Rod Group and the children of Callala Public School Choir and we are also offering children an opportunity to exhibit their art works with prizes made possible by the Callala Bay Community Association.

- The Centre will be open at 9.30 am to allow people to get settled
- The Hot Rods will arrive from 9.30 am onwards and assemble in the Western car park at the centre.
- Santa will arrive at 10.00 am
- School Choir will provide choral presentations from 10.10am

- Art Show prizes will be awarded at 10.45am
- Event closes at 11.00 am

There will be many opportunities to take photos with Santa, the Choir, the Art Show Presentations and the Hot Rods so bring your 'phones.

As in years past we will be collecting non-perishable foods, personal and pet items as well as unwrapped gifts which will all be donated to the Salvation Army Christmas Appeal.



*Callala OOSH By Katie*

Callala Before and Afternoon Care for school-aged children by qualified and caring staff.

**For information please call Katie-**  
0419917793 or 0427976669  
email: callalaooshbykatie@gmail.com

# Crookhaven Mechanical Repairs

## 4447 5845

**FREE Pick - Up Callala - Bay - Beach - Myola**  
We Can Service Your NEW Car AND Protect YOUR Warranty  
Major Trip Prep - Suspension Upgrades - Bullbars - Accessories



ARC-AU21881  [crookhavenmechanical.com.au](http://crookhavenmechanical.com.au)  MVRLic35947 

## Contacts:

- Victoria Maudson 0424 590 105 • Gail Fitzgerald 0412 930 080 • Megan Hodges 0433 668 453

## OCTOBER NEWS

The donated Leopard Palm (ARUM Stinkusdeadpossomus?) came to its regal self this month and blessed all who got anywhere near it with wafts of decaying flesh. Reminiscent of roadkill on hot tarmac It looked amazing though!



### BUG WARS

Flea Beetle Battle. Last summer these little rascals devastated the eggplants in bed 12.

Diana decided some research was needed. It seems they hatch in the Spring, so an early check saw affected plants being removed or sprayed with neem oil. The foliage has recovered and they seem less prevalent at the moment. The black aphids have destroyed two garlic harvests but hopefully we will still have some mature bulbs to harvest in a month or so. We hope being proactive has saved them. Time will tell and it is all a learning process.



## PLANTING

Such a joyous, busy time in the garden prepping and planting. This Spring we are putting in Basil, Beetroot, Capsicum, Carrot, Cherry Tomatoes, Chillies, Climbing Beans, Coriander (Sawtooth so it shouldn't bolt), Corn, Cucumber, Endive, Eggplant, Fennel, Heirloom Tomatoes, Jerusalem Artichokes, Leeks, Melons (Water and Rock), Pak Choy, Rocket, Shallots, Squash, Wombok, Zucchini. These will be interspersed with lots of other herbs and flowers too. We use Companion Planting and Crop Rotation methods to help decide what goes where and with what. It's quite a science!

Three Sisters Method. This comes from the Native American ideology where you plant your Heritage Corn and get it growing, then intersperse it with your climbing beans (to be supported by the Corn) and then your Squash to shade the roots of the others. We will be trying this out in bed 11 when Barry has finished relining it with recycled timber.



## GROWING

Lynn managed to source the new blueberry plant we wanted to try and has planted it with tender care in fresh soil on a slight mound for drainage. It doesn't like its shallow roots to dry out. Neither does it like getting wet feet due to clay subsoil. Hopefully, we have struck the right balance with this one.



The Pepino is growing nicely at present. It has a small fruit that tastes like Rockmelon when ripe.

### FAILED

Celery and Celeriac are not for the garden in the future. They need consistent watering and more hands-on attention than we can give.

### HARVESTING

If you can get to our Produce Market on 9th November or come and see us when we are open you will be able to choose from Leeks, Lettuce, Mizuna, Mulberries, Peas, Potatoes, Radishes, Rocket, Shallots, Silverbeet and Strawberries.

The radishes are looking particularly voluptuous! Here is a young helper with the first of our Dutch Creams. The Kipflers look good too. Lots of herbs are flourishing for you.



## HOW AND WHEN CAN I JOIN IN? CAN I GET MORE DETAILS?

Our last Project Day for the year will be on 20th October which will hopefully see all our beds full and the Spring Planting almost completed. There will still be the usual bi-monthly Working Bees, weather and Christmas permitting. On 25th October we will have our usual Family Fun Day and then on 31st we are expecting a visit from Lyrebird Preschoolers to plant some strawberries and take them home to nurture. It is always lovely to see the little ones enjoying this facility.

### AGM & General Meeting

**Saturday 2nd Nov** from 2 p.m.

**Working Bee... Sunday 3rd and 17th Nov**

from 9 a.m. until lunch time

**Pick and Prep Friday... 8th Nov** from 3 p.m.

**Produce Stall... Saturday 9th Nov**

from 8 a.m. to 12 noon

## The Family Fun Fridays

**25th Oct and  
28th November  
from 9.30 to 11.00**

*Bring the kids along  
for fun and food.*



## WE NEED MORE VOLUNTEERS

Do you have ANY free time that you would like to spend being useful in our Community Garden? No previous experience required!  
You don't need to bring gardening know how, just enthusiasm.

**Non Gardeners welcome too!** It is time for the committee to be reshuffled.  
**Can you bring your administration skills to help us run the Community Garden?**



# Callala Bay Pharmacy

2/55 Emmett Street, Callala Bay 2540 Ph: 4446 4251

Hours: Mon-Fri 9am-5.30pm; Sat 9am -12.30pm

## Friendly, professional service

- Diabetes Australia supplies • Baby weighing • Gift lines
- Blood pressure monitoring • Medication packing

**Phone: 4446 4251**

Dr John C Wright B.V.Sc.

## CULBURRA VETERINARY CLINIC

7 Weston Street, Culburra Beach

9am-11am weekdays

4-6pm Mon, Tue, Thurs

4-5pm Wed, Fri

10am-12pm Sat

## CALLALA VETERINARY Consulting Room

22 Emmett Street Callala Bay

1-3pm weekdays by appointment

Please phone: **4447 3851** for appointments, enquiries or after hour calls



## E & S Painting Services

- Interior & Exterior Painting
- Friendly Local Service
- Excellent Rates
- Quality Assured

**M: 0422 560 696 H: 4446 5056**

Graham Worts





**Vinnies**

**CALLALA BAY**

**SHOP**

- **High quality second-hand items**
- **Clothing, bric-a-brac, books, linen, beach towels, toys, games, DVDs, jewellery and much more!**

## **VOLUNTEERS NEEDED**

**YOUR TIME IS THE MOST VALUABLE  
GIFT YOU CAN GIVE.**

For details of how you can help,  
visit [www.vinnies.org.au](http://www.vinnies.org.au) or pop into the shop  
for an application pack.

Find us at: **59 Emmett St, Callala Bay**

Opening hours: **Monday to Friday - 8.30am to 4pm,**  
**Saturdays - 8.30am to 2pm** (during summer/peak times only)

**We welcome donations of non-bulky items during opening  
hours. For pickups, please call 4421 7244.**

## Callala Markets

The October Callala Markets were well attended with the weather at the beginning of the day slightly challenging (with strong winds).

We were very fortunate to have a great selection of hand-made soaps and candles by some very talented artisans, perfect for Xmas gifts or for a special occasion. Come along and bring your friends and guests to the next market on Saturday 9th November 2024 from 8am till 1pm.



*Hand-made soaps*

Your support of local craft makers and stall holders assists our Markets in supporting the local community. All profits from stall holder fees contribute to future donations.

The Callala Community Garden will also be open for visitors on that day. Fresh seasonal produce is always popular, so get there early to check the entire range.

We only have two more Callala Market days left before Xmas. So put the markets on your shopping list for unique Xmas cards and unusual presents to put under the tree



*One of our unique Xmas cards*

We always hope for fine weather, but we'll be there rain, hail or shine. Want to join us? Contact Sandra on 0413581419.



**2nd Saturday**  
EACH MONTH  
42 EMMETT ST,  
CALLALA BAY  
8:00AM - 1:00PM



The image is a promotional graphic for Callala Markets. On the left, there is a circular logo with the text 'Callala Markets' in a blue, cursive font, and 'Community focus' in a smaller, sans-serif font below it. The logo is set against a background of sand and seashells. To the right of the logo, the text '2nd Saturday' is written in a large, bold, blue font. Below this, 'EACH MONTH' is written in a smaller, bold, blue font. The address '42 EMMETT ST, CALLALA BAY' is written in a bold, blue font. Below the address, the time '8:00AM - 1:00PM' is written in a bold, blue font. At the bottom right, there are two social media icons: a blue Facebook 'f' icon and a colorful Instagram camera icon.



# Tennis @ Callala Bay



Fancy a hit?

Located here in Callala Bay, the courts are attached to, and managed by the Callala Bay Progress Hall. They are located at the corner of Wearne and Morton St.

Bring your own rackets and balls!

Ring 444 64 313 to book

Available for casual and regular bookings.

Lessons—call Daisy on 049 053 7551

# Route

# 120



## Currarong, Callala Bay, Callala Beach, Myola to Nowra and Bomaderry

Departs	School Days		Monday to Friday		Saturday and School Holidays		PM
	AM	AM	AM	PM	AM	AM	
<b>Currarong</b>	♂		♂	♂	♂	♂	♂
Crookhaven Pde	N/A	7.15 T	8.25 T		8.00		
Yalwal St	N/A	7.16 T	8.26 T		8.01		
Tennis Court	N/A	7.17 T	8.27 T		8.02		
Progress Hall	N/A	7.18 T	8.28 T		8.03		
Cambe & Nowra Rds	N/A	7.20 T	8.30 T		8.05		
<b>Callala Bay</b>							
Sydney Ave	6.04	7.35 T	8.47	10.10	8.20	10.10	1.45
Boorawine Terrace	N/A	7.30 T	8.40	10.13	8.23	10.13	1.48
Emmett Street Shops	5.58	7.30 T	8.46	10.16	8.26	10.16	1.53
Callala Public School	N/A	7.35 T	8.45	10.17	8.27	10.17	1.54
Lackersteen and Emmett	6.02						
<b>Callala Beach / Myola</b>							
Queen Mary Street	N/A	7.15 T	8.15	10.20	8.31	10.20	1.58
Catherine St Myola	N/A	7.20 T	8.20	N/A	8.36	N/A	N/A
Sir Henry Crescent	N/A	7.22 T	8.23	10.23	8.40	10.23	2.02
Callala Beach Shops	5.51	7.25 T	8.25	10.25	8.42	10.25	2.04
Watts and Lennox St	N/A	7.27 T	8.28	10.28	8.45	10.28	2.07
<b>Mayfield</b>							
Mayfield		7.40 T					
<b>Stewart Place Nowra</b>							
Stewart Place Nowra	6.43	8.20	9.20	11.00 #	9.20	11.00 #	2.55
<b>Bomaderry Rail</b>							
Bomaderry Rail	6.33	8.15	9.30	11.10 #	9.30	11.10 #	2.40
<b>Nowra Tafe</b>							
Nowra Tafe		8.20	9.32				
<b>Stocklands Nowra</b>							
Stocklands Nowra	N/A		9.40	#	9.40	#	2.50
<b>Train Departs Weekdays</b>	6.43	8.17 & 9.20	10.00*	11.23 & 12.00pm*	10.00*	11.23 & 12.00pm*	16.12
<b>Train Departs Saturdays</b>					10.31	12.29	16.33

\* Bus Service 737 Bomaderry Station to Kiama Station  
 T Transfer at Shoalhaven High School for Nowra and Bomaderry

# Drops only as Required.

SERVICES DO NOT OPERATE SUNDAYS AND PUBLIC HOLIDAYS  
 T Transfer at Callala School for Nowra and Bomaderry

# Route

# 120



## Nowra and Bomaderry to Callala Beach, Myola, Callala Bay and Currarong

	Monday to Friday		Monday to Friday		School Days		Saturday and School Holidays		PM
	AM	PM	PM	AM	AM	PM	AM	PM	
<b>Train Arrives Weekdays</b>	8.40* & 9.15	11.40* am & 12.2	1.40* & 2.17		8.40* & 9.15	11.40* am & 12.27	1.40* & 2.17	17.10	
<b>Train Arrives Saturdays</b>					8.19	12.21	2.19		
<b>Departs</b>	♂	♂	♂		♂	♂	♂	♂	♂
Stewart Place Nowra	9.20	12.20	2.55		9.20	12.20	2.55	5.24	
Bomaderry Rail	9.30	12.32	2.40		9.30	12.32	2.40	5.17	
Nowra Tafe	9.32	12.34		3.30 \$473					
Stocklands Nowra Mayfield	9.40	12.40	2.50	3.55	9.40	12.40	2.50	5.34	
<b>Callala Bay</b>									
Callala School	10.17		3.35	\$473	10.17				#
Sydney Ave	10.10		3.43	4.05	10.10				N/A
Boorawine Terrace	10.13		3.40	4.08	10.13				#
E Emmett Street Shops	10.16		3.35	4.10	10.16				
<b>Callala Beach</b>									
Queen Mary Street	10.20		3.46 T	\$473	10.20				N/A
Catherine Street Myola	N/A		3.51 T	4.27	N/A				N/A
Sir Henry Crescent	10.23		3.55 T	4.30	10.23				N/A
Callala Beach Shops	10.25		3.45 T	4.21	10.25				#
Watts, Lennox Road Loop	10.28		3.42 T	4.18	10.28				N/A
<b>Currarong</b>									
Cambe & Nowra Rds			3.50 T	4.20 T					N/A
Progress Hall			3.53 T	4.23 T					N/A
Tennis Court			3.55 T	4.24 T					N/A
Valwal St			3.57 T	4.25 T					N/A
Crookhaven Pde			4.00 T	4.26 T					N/A

\* Bus Service 737 Kiama Station to Bomaderry Station.

T Transfer at Callala Bay for Callala Beach, Myola and Currarong.

# Drops as Required.

T Transfer at Callala Bay for Currai \$473 Bus for Callala Bay, Callala Beach, Myola and Currarong.

SERVICES DO NOT OPERATE SUNDAYS AND PUBLIC HOLIDAYS.

## **Culburra Beach & District Garden Club Inc.**

Hi everyone, President Bev welcomed guest speaker Stephen Townsend from Culburra RFS. It has been 3 years since Stephen spoke at our garden club, so it was time to invite him again to keep us up to date with bush fire safety. It was a family affair as his wife Elise (also in RFS) and their children Noah and Mia attended the meeting. Stephen is one of the 45-member team who are on call 24/7 to respond to a fire and other emergencies across our local areas. Using a power point presentation on bush fire safety he emphasised that homes in Culburra and Callala areas are threatened by ember attack.

These are the 4 simple steps which could prevent fires caused by embers-

1. clean out gutters, trim trees and get rid of any timber stored near your home .
2. Plug gaps around your home where embers can get in.
3. Fix any broken roof tiles.
4. As gardeners who like to use mulch, make sure that it is not close to the house as mulch is fuel to fires.

We are safe if we keep our homes and surroundings clean. Stephen and Elise handed out a Bushfire Survival Plan pack to everyone. We appreciated both of them coming to our meeting to keep us mindful of bush fire safety and how we need to sit down and work out a plan if there is a bushfire emergency.

Theme for this month was Let's Celebrate Garden Week which occurs between October 13th – 19th. Members were asked to donate a packet of seeds to go towards Family Fun Day a monthly event held at the Callala Community Garden. On the last Friday of the month, children come along with parents and grandparents and plant seeds and seedlings in the garden or in pots to take home. Donations received were much appreciated.

I have just come back from visiting Leeton and Griffith in the Riverina district. While browsing in Leeton town centre I noticed that their two roundabouts were amass with Snapdragons (*Antirrhinum majus*) of every colour almost 1/2metre tall. These flowers are native to rocky areas of Europe, the United States, Canada, and North Africa. Mum was with me on this trip and in the 60's and 70's she always had snapdragons growing from seed as they were a popular annual at the time. You can still purchase them now established in a pot and smaller in height. Snapdragons need a sunny spot, and a well-drained soil with compost added. They are a fun, vibrant plant that can grow as a perennial in some gardens but is often treated as a spring and summer flowering annual. As kids we would pick the flowers (when mum wasn't looking) and squeeze them so that they would open like big mouths.



Two days after experiencing these spectacular snapdragons, every plant was removed by council garden workers to make way for petunia seedlings. To say we were dumbfounded is an understatement!

You are welcome to attend our last meeting of the year on Saturday November 16th 1.30pm at Culburra Anglican Church, Penguin Head Rd, Culburra Beach. Cheers to all and happy gardening, Doris Carpenter: 4446 5631



# CALLALA YOGA & PILATES

.....) ) ) ● ( ( .....)

WEEKLY CLASSES  
OCEAN VIEWS

CALLALA BEACHFRONT HALL, 89 QUAY RD  
EMAIL [CARLA@THESTATEOFCALM.COM](mailto:CARLA@THESTATEOFCALM.COM)  
FOLLOW @THE\_STATE\_OF\_CALM  
CALL 0422 433 159



# WAYNE'S WELDING

ABN: 72 721 264 751

## Wayne Birt

*Aluminium or Steel Boat Repairs*

*Trailer (box or boat) Repairs*

*MIG and TIG*

*Custom work for cars, boats or caravans*

# Phone: 0407 203 041

# **OVER 50? RETIRED?**

**Invest \$25,000  
in my not for profit  
boating/tourism venture  
and buy a partnership in  
a hands-on business-  
hobby and interest.**

**for full details see website:  
[www.wooden-boat-charter-australia.com.au](http://www.wooden-boat-charter-australia.com.au)  
*The Time Warp River Cruise Company***



## Thinking of having a function or meeting . . .



### Why not have a look at the Callala Community Centre?

There is table seating for 110 with crockery and cutlery and a modern kitchen.

The centre is airconditioned and has state-of-the art audio visual capability for presentations, training and other entertainment included as part of the hire fee.

Car-parking is adjacent to the Centre and the Callala shops are opposite the Centre.

The Centre has grass surrounds, giving you the option of outdoor training as well as indoor.

If you have an exercise or social group or are looking for a place to hold your next celebration, call Cynthia on **0412 121 737** for enquiries. You can also look for us on **Facebook**

**FREE**

## Pre-Loved Clothing & Book Stall

First Saturday of the Month  
at the

Callala Community Centre

9.30am to 12.00 NOON

Clothes in good condition can be dropped off at the stall (on the day only). If clothing can be delivered by 10am; this will allow them to be displayed.

Sponsored by the Anglican Church, Callala

## Defibrillators in Callala Bay



There is a number of defibrillators in Callala Bay.

They are located at:

- Club Callala
- IGA Supermarket
- Jervis Bay Sailing Club
- Callala Community School
- Callala Medical Centre
- Callala Community Centre
- Callala Rural Fire Brigade
- Myola Tourist Park

If you know the location of others, could you please contact Merry on 0439 809 088.

**YOUR AD HERE**

Advertise Your Business With  
The **CBnews** Today!

Contact the Editor for more info  
[editor.cbcanews@gmail.com](mailto:editor.cbcanews@gmail.com)



**Callala Bay**  
**Open 7 Days A Week**  
Market-Fresh Fruit and Vegetables  
Lotto      Newspaper      ATM

**Ph: 4446 4811**

**It Pays to Shop Independent**

**Located in Bayview Plaza, 55 Emmett Street, Callala Bay**

*How the locals like it.*

# The Anglican Parish of Culburra Beach

## Anglicare Op Shop

Shop 3/4 Weston Street, Culburra Beach

### Opening Hours:

Mon-Fri 9am - 4pm

Sat. 9am-12pm

*\* Closed Public Holidays*

Clothing, bric-a-brac, books, toys, linen, games, DVD'S, jewellery and more.

### EFTPOS available

Saleable Goods are most welcome, but we can't accept furniture, white goods, mattresses, encyclopedias, computer ware and videos.



You can drop goods at shop or in charity bin situated at Culburra Anglican Church, Penguin Head Rd, Culburra.

If you would like to volunteer, please contact  
Manager Neroli McCusker:  
**4447 4084 (Shop) or 0401 466 590**



**WELCOME** to the Callala Community Centre, conveniently located opposite the shops in Emmett St, Callala Bay.

We are one part of the Shoalhaven Community Information Network (SCIN). Our technology has been upgraded to include solar panels, a storage battery, and satellite communications to provide an independent, continuous, communication solution with the Nowra Emergency Centre.

The information can be seen on the screens located at the Centre.

An audio-visual system has been installed in the Centre offering flexible and comprehensive facilities, including;

- blue tooth; computer connectivity; the ability to operate DVDs and CDs and play personal audio-visual files from a USB drive or SD memory card.

If you want to have a wedding; memorial service; business conference; group gathering or family reunions the Callala Community Centre is well worth considering.

Our facilities include

- A well-equipped kitchen; air conditioning; raised stage and off-street parking, and
- Crockery, cutlery and glasses and seating for up to 120 people

For all hiring enquiries contact Cynthia on 0412 121 737  
or email [cynirwin974@gmail.com](mailto:cynirwin974@gmail.com)

Follow us on Facebook at Callala Community Centre.

# Callala Bay Progress Hall and Tennis Court



**Looking for a venue with history and charm?  
Available for both casual and regular hire**  
*Recently renovated ... and now with new audio visual  
equipment available! Reasonable rates.*

**Bookings Ph: 444 64 313  
or via Facebook**  
75 Boorawine St, Callala Bay

## Regular Community Users

Dru Yoga: Monday (2:45pm)  
Craft Group: Tuesday (10am)  
Friends of Dance: Tuesday (2:30 pm)  
Yoga: Thursday (9am)  
Tai Chi: Saturday (8am)

Lyn ph 0419427574  
Yvonne ph 444 66 280  
Ann ph 0418 477828  
Anna ph 0405 102 234  
Jenny ph 04477 43179

**Tennis Lessons: Saturday (midday)**

**Daisy 0490 537 551**

<https://callalabayprogresshall.weebly.com/>



## FROM THE DOCTOR

With the warm As the days grow longer and flowers begin to bloom, many of us are reminded that spring brings more than just beauty—it also brings allergies! As your general practitioner, I want to share some insights on managing common spring allergic symptoms, along with useful over-the-counter options.

Spring allergies are often triggered by pollen from trees, grasses, and flowers. Symptoms can include:

- Sneezing
- Nasal congestion
- Itchy or watery eyes
- Coughing

### Tips for Management

1. **Stay Informed**: Keep an eye on local pollen forecasts and limit outdoor activities on high pollen days and windy days.
2. **Keep Windows Closed**: Use air conditioning instead of opening windows to minimize pollen exposure at home.
3. **Shower After Outdoor Activities**: This helps wash away pollen that may cling to your skin and hair.

Here are some effective OTC options to help relieve your symptoms:

- **Antihistamines**: Medications like

cetirizine (Zyrtec) and loratadine (Claritin) can help alleviate sneezing and itching. They are available in non-drowsy formulations for daytime use.

- **Nasal Sprays**: Saline nasal sprays can help flush out allergens. For more severe symptoms, steroid nasal sprays like fluticasone (Flonase) may provide relief.

- **Eye Drops**: If itchy, watery eyes are a problem, look for antihistamine eye drops like ketotifen (Zaditor) to soothe discomfort.

- **Decongestants**: For nasal congestion, products containing pseudoephedrine (Sudafed) can help clear up sinuses. Just be cautious if you have high blood pressure.

If symptoms persist despite using OTC treatments, or if you experience severe reactions, please don't hesitate to contact our office. We can explore additional options, including prescription medications.

Wishing you a sneeze-free spring filled with blooming beauty!

The team at Callala Medical Centre also wants to extend heartfelt congratulations to Dr. Wasayid Chowdhury and his wife on the arrival of their beautiful baby girl, Amina. Welcome to the world, little one!

# The Groutfather

Tile, Grout & Silicone Hygiene Cleaning, Sanitising (Mould) & Restoration/Repairs

**Specialising in:**

Showers, Bathrooms, Kitchens, Floors & Outdoor areas

**FREE inspections/Quotations**

Servicing Callala Bay & Beach, Myola & Culburra

**George - 0481 811 962 – Email: [shelmara62@gmail.com](mailto:shelmara62@gmail.com)**



Callala Public School Parents & Citizens Association Inc.  
Emmett Street, Callala Bay, NSW, 2540  
callalapandc@gmail.com

---

# Callala Public School P & C Canteen Volunteers Needed

Callala Public School's canteen is operated by the P&C with all profits invested back into the school.

It is a purely volunteer run canteen, with Dan Applebee being our manager who looks after the daily running of the canteen along with the help of other volunteers.

At the present time we only have one other volunteer. In order to keep the canteen operational we need more volunteers. If you have time to spare 9am - 12, be it once a week, fortnightly, monthly or even once a term we would love your help.

Duties include preparation, heating and serving of lunch orders, assisting with window sales at 1st break and some light cleaning.

To volunteer in the canteen you are legally required to complete the following:

Working With Children check, which is obtained through Services NSW. It's free as you are a volunteer.

<https://www.service.nsw.gov.au/transaction/apply-for-a-working-with-children-check>

Food Handler Basic Training online through NSW Food Authority

<https://www.foodauthority.nsw.gov.au/training/food-handler-basics-training>

Can you help us? It's only 3 hours and 15 minutes. For more information or assistance in completing the online forms please contact the school office on 44464352 and one of our P & C representatives will contact you, or email us at [callalapanc@gmail.com](mailto:callalapanc@gmail.com)

We look forward to meeting you.

## First Aid Day at Callala Bay

Readers will no doubt agree that Callala Bay is one of Jarvis Bay's best kept secrets - a treasure nestled between the sea and the forest. Our national park and marine park attract residents and visitors alike looking for leisure activities and adventure in our spectacular natural environment. At the same time, Callala Bay is also host to many seniors seeking rest and tranquility in retirement.

While this makes Callala Bay the best place to live on the South Coast for young and old(!), the combination of outdoor sports/activities and the presence of a significant senior's population also means we need to be mindful of the possibility of a medical emergency. Residents are acutely aware that in the event of an accident or significant medical issue, it will take a minimum of 10 minutes for the nearest ambulance (at Culburra) to arrive. While that's relatively fast for a "non-urban" area, the time frame cannot be guaranteed and, in some instances, 10 minutes may be the difference between life and death or, less dramatically, the difference between a full recovery and a mediocre result.

On Saturday, 28 September 2024, a six-hour first aid information session organised by the Callala Bay Community Association was held at the Callala Bay Community Centre. The session was led by Judy McCracken from Red Cross Australia, a highly qualified first aid instructor with more than 20 years' experience teaching first aid to all age groups.

Participants knew they were in good hands as Judy expertly led them through the various topics of the day. The session included instruction in CPR techniques with ample opportunity for participants to get some "hands on" experience using adult and baby dummies (glad to say all dummies were successfully revived by the class!). Judy demonstrated use of a defibrillator which can be critical for survival in the event of a heart attack. She also advised on registering as a GoodSam responder ie. a

person who can be called upon in the event of a medical emergency (for more information visit <https://www.goodsamapp.org/register>).

Judy was a mine of information regarding all sorts of other common medical emergencies including strokes, head injuries, drowning events, diabetic hypoglycemia, seizures, shark attacks, snake and insect bites, etc. Participants learned about (and practiced) a number of bandaging and tourniquet techniques - very useful to know the difference when dealing with a bite or a bleed!

All participants were fully engaged for the entire session due to Judy's easy delivery style, her well organised slides and her "props" for hands-on work. Her vast trove of knowledge was apparent at all times, and especially when responding to participants' wide and varied queries. Everyone left with new information and better equipped to deal with an emergency.



**Age is something that  
doesn't matter, unless  
you are a cheese.**



## Bushcare

The Callala Bushcare team continue our gentle regeneration work each Tuesday morning, weather permitting. Please contact me (Diana) on 0419 531 902 if you would like to find out what volunteer Bushcare work involves.

Our team have had some great regeneration successes, but sometimes our regeneration work doesn't go to plan...

In 2017 a neighbour was worried about the possibility of branches from a large old Eucalypt tree at the rear of his backyard falling on a caravan where his grandchildren slept at Christmas time. So he had the tree cut down. Given the last thing I'd see at night out my bedroom window was that beautiful tree, I felt quite bereft. So I brought home a *Euc. botryoides* seedling in a tube from the Bushcare Nursery, got out my tape measure, and carefully planted the little tree in Boorawine Creek Reserve, far enough from my rear fence so that it wasn't within the four metre APZ (Asset Protection Zone) which the RFS require to be clear of large vegetation.

I had a small bamboo stake next to this sapling (and would from time to time think, 'I must add a taller stake'...but didn't), and it had grown to about two metres high when the SCC APZ contractor went through Boorawine Reserve about 18 months ago. In the process of slashing behind my place, that sapling was cut down. More sadness for me. However, I accepted that perhaps the bamboo stake had not been indicative enough that this tree should not be removed. Subsequently, another little *Euc. botryoides* came home from the Bushcare Nursery in winter last year. This time I hammered a wooden tomato stake in on either side of it after I'd planted it.

Then in mid winter this year I was celebrating a win by my AFL team by kicking a footie around the open area in the Reserve near my place. I shanked a kick, and watched in horror as the ball looped and spun, and landed right on top of the skinny, less than a metre high sapling! The

impact broke the trunk open, but didn't sever it. I raced to my home and returned with tree first aid. Donning disposable gloves, I carefully applied honey to the wound, then gently pressed the broken pieces together and bound surgical tape tightly around the wound. I then used one inch stretchy bandage to secure the trunk by winding the bandage around the tomato stakes. A month later I carefully removed the tape, added more honey, and bound the wound with stretchy bandage. A few weeks ago I gently removed the bandage, and although there was a kink, the trunk was intact. I've kept the supporting bandage in place that winds around the trunk and stakes. Recently, to my complete delight, I found a shoot starting to grow from the 'wound site'.



I'm still embarrassed about my errant footy kick skills, but pleased with my botanical first aid effort!

Any further information or if you would like to try out Bushcare at another time, my name is Diana, phone 0419 531 902.

## Stairs at the end of Chapman St down to the rock platform

Below is a reply email to the committee regarding stairs at the end of Chapman St

Dear Sue,

I hope you have been well.

I refer to your email to Council's Chief Executive Officer in relation to the stairs at the end of Chapman Street, Callala Bay. I am responding on her behalf.

Please be informed that Council has recently attained some grant funding through the NSW State Government Disaster Recovery Program to contribute to foreshore access assets at Callala Point.

The contractor engagement process has commenced between Council and a specialist engineering consultant. This consultant will undertake the required investigation and design development for the proposed asset renewal of pedestrian beach access opposite 6 Callala St (accessed via Chapman Street). It is anticipated that this design engagement will conclude late October / early November with the outcomes supporting a determination as to whether sufficient funding is then available to commence procurement of services for construction works. In consideration of this, please note that while the works now in progress will finalise required design development for this proposed asset renewal, full funding for construction delivery is not yet confirmed.

Repairs will also be undertaken of the pedestrian foreshore access at Callala Creek off the southern end of Lackersteen Street, and of the rock platform access opposite 7 Marine Parade, Callala Bay. It is intended that in the coming weeks Council will have concluded procurement of contracted services for the repair of these two assets. It is planned that the repair works for those assets will be complete prior to the end of year.

If you have any further questions, please do not hesitate to let me know.

Kind regards,  
Michael



I used to live in Melbourne and I learned to drive in the city. I had to master the infamous hook turn to qualify. It was introduced so that traffic didn't hold up the trams. But there are a lot of trams in Melbourne, which means a lot of hook turns. The sign says it all, right turn from the left only. Hmmm. Think about it for a second. Confused? Well here's the official advice:

“Once you need to turn right and you see the hook turn sign, move as quickly as you can to the leftmost lane. On the green light, move forward on this lane to a point where you can turn right into the correct lane on the road you wish to enter”

If you're new to Melbourne, you're probably in a state of panic by now. It gets worse....

“At this point, you're blocking traffic from the left. But that's all right because they're stopped at the red light. When this red light turns green, turn right quickly into the street you want to go. The stopped traffic that was earlier on your left then follows you on the green light”

Basically, what it implies is this. Don't ever take your car into the city, catch a tram. Or if you choose to drive, just never turn right, it's much more straightforward. You may never get to where you want to go, but at least you'll be entertained.

# CULBURRA & DISTRICTS COMMUNITY HEALTH SERVICES Inc.



Hello EVERYONE,

We would like to tell you a little about our Culburra & Districts Community Health Services Inc.

We are a Not-for-Profit organisation and was incorporated (CDCHS) on 8<sup>th</sup> March 1988.

We have a great Medical Bus service for you to avail yourselves of if needed, runs Monday-Friday (no Public Holidays). If you have a Medical appointment (only) either locally or into Nowra and you would like transport, please phone:

CULBURRA PHARMACY  
187 PRINCE EDWARD AVE  
CULBURRA BEACH  
02 4447 2382

All you need to do is supply your details –

NAME, ADDRESS, PHONE NUMBER, DATE & TIME, WHERE YOUR MEDICAL APPOINTMENT IS THAT YOU NEED TO GO TO AND RETURNING FROM.

The Chemist shall put your details onto the Medical Bus run sheet for that day.

We cover the areas of: Currarong, Callala Bay, Callala Beach, Myola, Orient Point, Culburra Beach, Pyree, and Greenwell Point.

A small donation is always welcome as this along with our Op Shop helps to keep this fabulous community service running.

If you would like to be a volunteer Bus Driver (no special licence is required) or Op Shop Gem, please contact:

Contact: Neil Watson (Bus Drivers) 02 4447 4713  
or  
Pat Porter (op Shop) 0408 019 930.

## Public Amenity (Toilets) - Wowly Creek Callala Bay

This is the latest advice provided to the CBCA . While it is not the news we want, the CBCA will persist to have better facilities provided at Wowly Creek.

‘Thank you for your email received on the 29 August 2024 regarding a permanent toilet facility at Wowly Creek Callala Bay. The CEO has requested Building Services to respond on her behalf. Council’s Community Infrastructure Strategic Plan (CISP) makes recommendations for the future provision, priorities, and funding of community infrastructure at local, district and regional levels. Under the CISP, Wowly Creek Reserve is identified as a local level park. The provision of amenities within local parks is not recommended under the CISP.

Further development of recreational facilities within the reserve would potentially negatively impact on the environmental values of the reserve through necessary site disturbance, including vegetation clearing and excavation during construction activities, plus soil disturbance and site denudation over time due to increased visitor activities relating to the developments. Since upgrades to Wowly Creek Reserve have not been identified in any of Council’s strategic plans or forward planning working documents, there is no capital or operational budget for the provision

of any additional infrastructure that is not already provided at the site.

The nearest public toilet to Wowly Creek is at the Callala Bay boat ramp, approximately 700 metres (nine-minute walk) from this location.

## The Sheaffe Street Project

The latest news about the footpath:

“The project continues, with detailed design on the drainage works underway, before commencing construction. The traffic count was completed some time ago.

The project is still slated for construction in the third quarter of the current financial year.”

The CBCA will advise you of the start date. Persistence really does pay.

**I told my doctor I broke my arm in two places. He told me to keep out of those places.**



**VEOLIA**  
Mulwaree Trust

The new Sharp printer has been purchased through the generosity of a grant from the Veolia Mulwaree Trust.

# Truck & Forklift Driving School

*Desire Bhugon*

RMS Approved: LR, MR, HR, HC (Auto  
and Manual)

**OLDER DRIVER ASSESSOR**



Tel: 02 444 66861 Mobile: 0418 654 572 Email: [desdschool@bigpond.com](mailto:desdschool@bigpond.com)



## Callala Physiotherapy and Pilates

Pre and Post-operative Rehabilitation | Reformer Pilates  
Sporting injuries | Arthritis management

[www.callalaphysiopilates.com.au](http://www.callalaphysiopilates.com.au)

Phone: (02) 4413 0349 Email: [info@callalaphysiopilates.com.au](mailto:info@callalaphysiopilates.com.au)

# Property

**One**  
Realty



Specialising in all aspects of real estate, Property One Realty has had a local presence for over 20 years. We offer sales, holiday and permanent rent services. Contact our team or stop in to discuss the best options for your investment.

**Ensuring your next move is a positive one.**

[www.propertyone.com.au](http://www.propertyone.com.au)

44466800 | [callala@propertyone.com.au](mailto:callala@propertyone.com.au) | 9/55 Emmett Street, Callala Bay

## COMMUNITY CONTACTS

**Emergency Police Fire Ambulance: 000**

**Nowra Police Local Area**

Command: **4421 9699**

Crime Stoppers: **1800 333 000**

*(anonymous reporting)*

Police Assistance Line: **131 444**

*(non emergencies)*

State Emergency Service: **132 500**

Jervis Bay Marine Park: **4441 7752**

Callala Doctor's Surgery: **4446 5350**

**Shoalhaven City Council**

General enquiries, business hours: **4429 3111**

Emergencies and after hours: **4421 3100**

**Justices of the Peace**

Howard Duncan: **4446 6535**

Dallas McMaugh: **0400 189 875**

**Culburra Beach & District Garden Club**

We meet every 3rd Saturday of month  
Feb-Nov at 1.30pm

**Venue:** Culburra Anglican Church  
Penguin Head Rd, Culburra Beach.

For more details contact

Doris Carpenter: **4446 5631**

**Culburra & Districts Community  
Health Service**

Visit the Op Shop and pick up a bargain!  
Proceeds help maintain the Medical Bus  
that transfers people to Nowra for medical  
appointments from Greenwell Point,  
Culburra Beach, Callala Bay & Beach,  
Currarong and Myola.

Please contact Culburra Pharmacy on  
**4447 2382** to arrange transport.

**Culburra Beach & Districts Men's Shed**

**Location:** Beside the Banksia Community  
Hall, off Fred Evans Lane, Culburra  
Beach (IRT entry).

**Open:** 8.30am to 1.00pm, Monday and  
Wednesday.

**All enquiries:** Phone **0494 055 329** or  
email **CBDMS1@outlook.com**

**Culburra Beach Orient Point Men's  
Shed Inc.**

**Location:** Old Scout Hall Cnr West Crest  
& Wollumboola Lane

**Open** 8:30am - 12:30pm Tuesday,  
Wednesday and Thursday

**All enquiries:**

Phone 0498023781 or email  
cbopmshed@gmail.com

[www.culburrabeachmensshed.org.au](http://www.culburrabeachmensshed.org.au)

FACEBOOK: Culburra Beach Orient Point  
Men's Shed

[www.facebook.com/cbopmshed](http://www.facebook.com/cbopmshed)

**Callala Community Garden**

52 Emmett Street Callala Bay  
*Opposite The Shops*

Victoria Maudson: **0424 590 105**

email: [callalacommunitygarden@gmail.com](mailto:callalacommunitygarden@gmail.com)

 /groups/CallalaCommunityGarden

Drop In's welcome

### DISCLAIMER

*The Publisher, known as Callala Bay Community Association Incorporated, does not accept any responsibility or liability in any way whatsoever with regard to any of the paying advertisers contained in this newsletter. Additionally the views and comments of all reports submitted are the responsibility of the person/organisations submitting same, including those from SCC (Shoalhaven City Council), which are usually copied verbatim from correspondence and are included for your information. The reports do not necessarily reflect the views of the Publisher.*



Join the bank that's bigger for you.

## Community Bank Nowra & Districts

Bendigo Bank  
98 Kinghorne Street  
Nowra NSW 2541  
02 4422 7574  
nowra@bendigoadelaide.com.au  
Bendigo Bank



**Vanessa Middleton**  
Licenced Real Estate Agent  
0492 945 367  
vanessa.middleton@ljhooker.com.au  
**nowra.ljhooker.com.au**



**Vanessa** is a well known face in our community, a **local of Callala for 28 years** and working locally in real estate for the past **17 years** with extensive knowledge and insight into the local market. Her dedication to customer service, innovation, honesty and openness have been the cornerstones of Vanessa's record of success over many years. Known for her friendliness, understanding, enthusiasm & strong negotiation skills.

**A consistent number of repeat referrals is a testament to her expertise.**

**If you are looking for a local in real estate for buying or selling contact me today.**

# Happier, healthier pets

South Coast Veterinary Services  
is your local, independent and  
exclusive veterinary care provider.

Our complete range of in-home  
and mobile pet services take the  
stress out of trips to the vet  
... for happier, healthier pets.



**SCVS**

South Coast  
Veterinary  
Services

Book a visit, manage prescriptions and  
pay online. Get in touch for more details.

Dr. Glynis Kuipers

0412 319 110

[office@southcoastvet.com.au](mailto:office@southcoastvet.com.au)

[www.southcoastvet.com.au](http://www.southcoastvet.com.au)